

# Infants with Cardiopulmonary Compromise: Bridging the Gap from Hospital to Home

Holly Schifsky, OTR/L, CNT, NTMTC, CBIS



## Faculty

Holly Schifsky has worked in pediatrics for 24 yrs., with 16 yrs. in a level 4 NICU. She is a Certified Neonatal Therapist, Certified Neonatal Touch and Massage Therapist, Certified Brain Injury Therapist, a member of National Association of Neonatal Therapists, and has completed 6-month mentorship in infant/child NDT. She has worked within the NICU and NICU follow-up clinic to maximize patient and family outcomes for the most complex premature and medically-fragile term infants. Holly received her BS OT from the University of North Dakota. She is a faculty member for the Neonatal Touch and Massage certification. She received the National Association of Neonatal Therapists Clinical Excellence award in 2018 for her clinical expertise and dedication to advancing the therapeutic interventions for NICU infants with cardiopulmonary conditions.

Disclosure - Financial: Holly Schifsky receives an honorarium. Non-Financial: She has no non-financial relationships to disclose.

## Course Requirements

In order to maximize the learning experience during lab time, each participant needs to bring a soft body doll. The ideal size would be 10-15", but any soft body doll will work.

## About this On-Demand, Online Course

This intermediate-advanced course will focus on the cardiopulmonary implications for the premature or medically fragile infant as related to their transition from inpatient hospitalization (NICU, PICU) to an outpatient rehabilitation level of care. The course will focus on congenital cardiac conditions, medical/surgical management, and outpatient rehabilitation interventions to maximize the infants developmental and feeding skills. Discussion regarding primary heart repair and staged palliative surgical interventions with treatment considerations for each care plan. Clinical assessment and treatment skills will be presented that will assess the infant's physiological stability, evolving motor control, sensory stability, and transition to oral motor skills that support feeding. This outpatient-focused course will advance the critical reasoning skills of the pediatric therapist to support the infant's ability to obtain foundational motor and sensory skills. These skills include the ability of the infant to cough, produce audible phonation, oral motor skills, swallow skills, trunk facilitation, gestational age-appropriate positioning/handling to support the emergence of gross motor skills for postural stability. Learn movement analysis skills (via lab time and video presentations) to assess breathing patterns, facilitation techniques to support trunk development, positioning strategies to support maximal cardiac perfusion, and feeding techniques to optimize weight gain with energy conservation considerations. We will discuss current literature as relevant to this topic and apply a systems theory approach for case study treatment planning.

## Objectives

- Compare and contrast the anatomical and kinesiological developmental changes for the newborn chest wall as related to infants born with and without congenital heart defects
- Choose at least three influences of prematurity and cardiopulmonary co-morbidities on chest wall development and efficacy of movement development
- Identify the different classifications of congenital heart defects in infants
- Analyze the effects of surgical heart interventions on gross motor movement, trunk development, swallow, and feeding as related to infant development
- Incorporate postural support with positioning and handling of infants for improved chest wall mobility post heart repair during feeding and gross motor movement using the provided case study.
- Integrate a systems approach to an individualized care plan for the infant with cardiopulmonary compromise

## Audience

This course is recommended for intermediate to advanced Early Intervention and outpatient pediatric or neonatal therapists (PTs, PTAs, OTs, OTAs, and SLPs), working with infants that have congenital cardiac defects.

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## More On-Demand, Online CEU Courses:

### Therapies in the School Online Conference 7 - \$399

Course Faculty: Susan Cecere, Kim Wiggins, Kimberly Wynarczuk, Suzanne Davis Bombria, Liliane Savard, Colleen Whiting, Angela Sterling-Orth

Nine engaging, motivating, and highly informative sessions to invigorate your practice and provide school-based tools to foster growth in your students. Sessions range from addressing motor and sensory pathways, core strengthening, participation-based goals, video self-modeling, collaborating, treating severely involved children, push-in services, iPad apps, to best practices for the new school-based practitioner.

### Toe Walking: Part A & B- Comprehensive Series - \$399

Liesa Ritchie-Persaud PT, DPT,  
PCS, CKTP

- Toe Walking: Part A – In-Depth Evaluation and Treatment \$279
- Toe Walking: Part B – Red Flags, Roles of Vision/Reflexes and Utilizing the ACT - \$229

### Post Concussion Syndrome Series - \$299

Christina Finn Ed.D, OTR

This dynamic series will help clinicians apply the latest research on diagnosis and management of concussion and post concussion syndrome. Clinicians will learn effective treatment strategies to improve visual skills, balance and sensory integration for optimal return to school, work, and sports.

## Credits

This course meets the criteria for 6.5 contact hours (0.65 CEUs) Intermediate Level.



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This course can be used toward your NBCOT renewal requirements for 6.5 units. Approved provider of the **FL** Board of Occupational Therapy-CE Broker – 7.5 hrs.

This course meets the approval of the **TX** Board of OT Examiners.

Application has been made to the **MD** Board of Physical Therapy Examiners.

Application has been made to the **NJ** Board of Physical Therapy Examiners.

Approved sponsor by the State of **IL** Department of Financial and Professional Regulation for Physical Therapy for 7.5 contact hours. Application has been made to **Illinois** EI Training Program.

Approved provider by the **NY** State Board of Physical Therapy for 7.8 contact hours (0.78 CEUs).

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The following state boards of physical therapy either do not require course pre-approval or do not require CEUs for re-licensure: **AL, CO, CT, IA, MA, ME, MT, NE, ND, NH, SD, WA.**

6.5 hours of this course qualify towards the discipline-specific hours for the 20-hour requirement for NDTA re-certification. They do NOT qualify towards the 8-hour NDTA Instructor requirement for re-certification.

This course meets the criteria for 6.5 hours that can be applied toward the Neonatal Therapy National Certification. Education Resources Inc. 266 Main St, Suite 12, Medfield, MA 02052 • 800-487-6530.

## Cost - \$229

## Looking for More Online Courses by Holly Schifsky?

### Baby Beats and Breaths: Therapeutic Interventions for the Premature Infant with Cardiopulmonary Compromise ONLINE - \$319

This dynamic intermediate-advanced course will elucidate the cardiopulmonary implications for the premature or medically-complex infant as related to physiological stability, evolving motor control, sensory stability, and transition to oral motor skills that support feeding.