

Contemporary Thoughts on Treating the Child with Hypotonia

Collen Carey, DPT, C/NDT



Faculty

Colleen Carey, DPT, C/NDT is a dynamic speaker and expert in the fields of early intervention, therapeutic handling, and functional goal outcomes. Colleen has extensive experience with a variety of developmental disorders and coordination disorders including cerebral palsy and autism, and has worked in early intervention, school districts and rehabilitation centers. She supports families across cultural and ethnic barriers and is a passionate advocate for children and families. Colleen holds an active certification in NDT, is an accomplished Coordinator Instructor with NDTA, and serves in leadership roles within NDTA. She studied at Quinnipiac College, New York University, and Temple University with a focus on developmental disabilities. Colleen. She operates the Children's Therapy Center, a pediatric outpatient center in Ambler, PA.

Disclosure: Financial: Ms. Carey receives a speaking fee from ERI. Non-Financial: Ms. Carey has no non-financial relationships to disclose.

About this Course

This two-day workshop focuses on using the NDT Practice Model in treating the child with hypotonia, concentrating on interventions to improve control and alignment of the trunk, pelvis, lower extremity, shoulder girdle, and upper extremity. Specific strategies to improve motor control in this population will be presented. Treatment strategies based on the common impairments of the sensorimotor system in this population will be demonstrated using videotapes, case studies and practice labs. Participants will practice strategies to improve functional motor performance of the child with hypotonia. This course applies to pediatric OT/OTAs and PT/PTAs working in school-based practice, outpatient clinics, hospital-based settings and will address children with Down's syndrome, ASD, CP, genetic disorders, sensory processing disorders, etc.

Objectives

- ① Discuss the common impairments seen in children with hypotonia
- ① Analyze movement patterns of the hypotonic child
- ① Practice a variety of facilitation techniques for improving alignment, base of support and control of weight shift
- ① Utilize treatment strategies practiced in lab to improve alignment and control for the trunk, pelvis, lower extremity, shoulder, and upper extremity
- ① Identify the role SMART goals in treatment planning for the child with hypotonia

Audience

OTs, OTAs, PTs, PTAs, working with children with hypotonia, infancy through adolescence.

Help your patients achieve better outcomes.

Schedule – Day 1

8:30-9:00	Registration/Continental Breakfast
9:00-10:00	Motor Control in the Child with Hypotonia
10:00-11:00	Assessment with the NDT Practice Model
11:00-12:00	VIDEO Assessment
12:00-1:00	Lunch (on your own)
1:00-2:00	Significance of the Trunk <ul style="list-style-type: none"> Relationship with functional movement: <ul style="list-style-type: none"> Upright sitting, transitional movements, functional reach and arm use, lower extremity movements and gait in the hypotonic child.
2:00-3:30	LAB: Strategies for the Trunk <ul style="list-style-type: none"> Key points of control to facilitate postural control Carryover into functional tasks
3:30-5:00	Bracing and Therapy Adjuncts

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Schedule – Day 2

8:00-8:30	Continental Breakfast
8:30-10:00	Hypotonia: Critical Impairments
10:00-12:00	LAB: Strategies for the Shoulder Girdle and Upper Extremity <ul style="list-style-type: none"> Key points of control to facilitate weight bearing for transitions & Upper extremity movements for carryover into functional tasks
12:00-1:00	Lunch (on your own)
1:00-2:30	LAB: Strategies for the Pelvic Girdle and Lower Extremity <ul style="list-style-type: none"> Key points of control to facilitate weight bearing for standing and gait or lower extremity movements Carryover into functional tasks
2:30-3:30	Treatment Planning and Goal Writing (home, clinic and school)
3:30-4:30	Treatment Case Study

*Each day will include two 15-minute breaks

Participant Requirements

Please bring a rag doll or other soft doll with bendable joints.

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Credits

This course meets the criteria for 13 contact hours (1.3 CEUs). Application has been made to the **NJ** Board of Physical Therapy Examiners. The **PA** State Board of Physical Therapy and **IN** Board of Physical Therapy accepts other state board's approvals. **TX** Physical Therapy Association accredited provider. Approved sponsor by the State of **IL** Dept. of Financial and Professional Regulation for Physical Therapy.

Approved provider by the **NY** State Board of Physical Therapy for 15.6 contact hours.



Approved provider of continuing education by the American Occupational Therapy Association #3043, for 13 contact hours Intermediate Level Occupational Therapy Process: assessment, intervention. The assignment of AOTA CEUs does not imply endorsement of specific course content, products or clinical procedures by AOTA. NBCOT professional development provider-13 PDUs.

Approved by the **TX** Board of OT Examiners.

13 hours of this course qualify toward the 20-hour requirement for NDTA re-certification.

Locations and Dates - 2020

March 7-8	San Antonio, TX	Methodist Hospital
April 3-4	Bridgeville, PA	The Watson Institute
Oct 23-24	Naperville, IL	BDI Playhouse
Dec 4-5	New Brunswick, NJ	Children's Specialized Hospital

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\$435 fee. Group rate \$410 must be made together. Deadline for registration is 3 weeks prior to course. Registration will be accepted after deadline on a space available basis. Cancellation accepted up until 2 weeks before course, minus an administration fee of \$75. NO REFUNDS WITHIN 2 WEEKS OF COURSE.

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Limited enrollment. We encourage you to register online!

Treating the Child with Hypotonia/Carey

☐ March/TX ☐ April/PA ☐ Oct/IL ☐ Dec/NJ

Course Registration Form

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