

Assessment and Treatment of Children with Oral Motor, Feeding/Swallowing and Respiratory Function Challenges:

Children with Neuromuscular Involvement

Rona Alexander, PhD, CCC-SLP, BCS-S, C/NDT

Faculty

Rona Alexander, PhD, CCC-SLP, BCS-S, C/NDT - A longtime member of the Education Resources faculty and an accomplished author, Rona Alexander is a speech-language pathologist specializing in the assessment and treatment of oral motor, feeding/ swallowing, and respiratory-phonatory function in infants and children with neuromuscular involvement. Dr. Alexander is a qualified speech instructor in Neurodevelopmental Treatment, delivering expert clinical knowledge and a personable instructive style through her basic pediatric and advanced NDT courses. She is a co-author of the book, *Normal Development of Functional Motor Skills: The First Year of Life*, and codeveloper of *The ABCs of Pediatric Feeding and Swallowing*. She also has served as a member of the ASHA Steering Committee for Special Interest Division 13: Swallowing and Swallowing Disorders. Dr. Alexander maintains a private practice, provides consultation services and conducts workshops on oral motor, feeding/swallowing, and respiratory coordination development, assessment and treatment.

Financial: Rona Alexander receives a speaking fee from Education Resources as well as royalty payments from Clinician's View and a co-author of the book published by The Hammill Institute on Disabilities. Non-Financial: She is a member of the NDTA and the NDTA Instructor Group.

About this Course

This course delivers clinically relevant assessment and treatment strategies for infants and children with neuromuscular impairments and challenges to their oral motor, feeding/swallowing and respiratory function. A special emphasis is on postural alignment and control as well as on sensory factors that can influence a child's feeding and swallowing. Effective treatment strategies to improve cheeks/lips, tongue, jaw and rib cage function will be highlighted. Participants will engage in extensive clinical problem-solving via group case analysis and patient demonstration sessions.

Objectives

Participants will be able to apply course learning immediately to:

- 1 Clinically assess oral motor, feeding/swallowing and respiratory coordination function in infants and young children
- 2 Detail the essential components of comprehensive intervention programming for young children with neuromuscular involvement
- 3 Implement effective body alignment, positioning for the modification of oral, pharyngeal, and respiratory function in intervention programming
- 4 Perform treatment strategies to improve the function of the cheeks/lips, tongue, and jaw in children with neuromuscular involvement

Audience

Professionals with a foundation in the components of typical and atypical oral motor, feeding/swallowing, respiratory-phonatory and general movement development and experience in services for infants and children with neuromuscular challenges.

Schedule – Day 1

8:30-9:00	Registration/Continental Breakfast
9:00-10:45	Primary Areas Influencing the Child's Feeding and Swallowing Function <ol style="list-style-type: none"> 1. Oral Issues 2. Pharyngeal Issues 3. Gastrointestinal Issues 4. Respiratory/Airway Issues 5. Behavior Management Issues
10:45-11:00	Break
11:00-12:30	Primary Areas Influencing the Child's Feeding and Swallowing Function (cont.)
12:30-1:30	Lunch (on your own)
1:30-3:00	Primary Areas Influencing the Child's Feeding and Swallowing Function (cont.)
3:00-3:15	Break
3:15-4:30	Primary Areas Influencing the Child's Feeding and Swallowing Function (cont.)

"The best course I've been to. Any pediatric SLP should take this course."

— Melissa E, SLP

Schedule – Day 2

8:30-9:00	Continental Breakfast
9:00-10:45	The Clinical Assessment Process
10:45-11:00	Break
11:00-12:30	Intervention Programming and the Development of Appropriate Functional Outcomes and Treatment Strategies
12:30-1:30	Lunch (on your own)
1:30-3:00	Patient Demonstration and Discussion
3:00-3:15	Break
3:15-4:30	The Influences of Body Movements and Postural Alignment/Stability on Oral Movements and Rib Cage/Respiratory Function

Schedule – Day 3

8:30-9:00	Continental Breakfast
9:00-10:30	The Influences of Body Movements and Postural Alignment/Stability (cont.)
10:30-10:45	Break
10:45-12:15	Mealtime Feeding Strategies and Treatment Strategies
12:15-12:45	Break
12:45-3:15	Mealtime Feeding Strategies and Treatment Strategies (cont.)

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Credits

This course meets the criteria for 17.5 contact hours (1.75 CEUs). **TX** Physical Therapy Association approved provider. Application has been made to the **MN** Board of Physical Therapy. The **MI, MO, KS, and WI** Boards of Physical Therapy recognize other state board approvals. This course satisfies CE Requirements in **IA**.

Application has been made to the **FL** Physical Therapy Association for 21 continuing education contact hours.



Approved provider of continuing education by the American Occupational Therapy Association #3043, for 17.5 contact hours (1.75 CEUs) - Intermediate Level Occupational Therapy Process: assessment, intervention. The assignment of AOTA CEUs does not imply endorsement of specific course content, products or clinical procedures by AOTA.

Approved by the **TX** Board of OT Examiners.

Approved provider of the FL Board of Occupational Therapy-CE Broker-21 hours



Education Resources, Inc is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. **See course information for number of ASHA CEUs, instructional level and content area.** ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for up to 1.75 ASHA CEUs (Intermediate Level, Professional area)

This program has been submitted for approval of 17.5 clock hours of continuing education credit by the TX Speech Language-Hearing-Association (TSHA).

17.5 hours of this course qualify toward the 20-hour requirement for NDTA re-certification.

*Please contact us with any special needs requests:
info@educationresourcesinc.com or 508-359-6533*

Locations and Dates - 2020

March 13-15	Grand Rapids, MI	Spectrum Health-Helen DeVos Children's Hospital
May 15-17	Minneapolis, MN	Alliana Health System - Allina Commons
Nov 6-7	Winter Park, FL	FL Hospital Pediatric Rehabilitation
December 4-6	Plano, TX	Children's Health Specialty Center at Cityville Southwestern Medical District



\$625 fee. Deadline for registration is 3 weeks prior to course. Registration will be accepted after deadline on a space available basis. Cancellation accepted up until 2 weeks before course, minus an administration fee of \$75. NO REFUNDS WITHIN 2 WEEKS OF COURSE.

Please make check payable and return to: Education Resources, Inc. 266 Main St., Suite 12 • Medfield, MA 02052
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Limited enrollment. We encourage you to register online!

Oral Motor, Feeding/Swallowing and Respiratory Function Challenges/Alexander

☐ March/MI ☐ May/MN ☐ Nov/FL ☐ Dec/TX

Course Registration Form

Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Home Phone: _____ Work Phone: _____

Cell Phone: _____

Needed in the event of an emergency scheduling change

Email: _____

Please clearly print your email address for course confirmation

Employer: _____

Discipline: _____ Specialty: _____

How did you learn of this course _____

Education Resources reserves the right to cancel any course due to insufficient registration or extenuating circumstances. Please do not make non-refundable travel arrangements until you have called us and received confirmation that the course will be held. We are not responsible for any expenses incurred by participants if the course must be cancelled.

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