

# Utilizing NDT in Pediatric Practice

Colleen Carey, DPT, C/NDT

## Faculty

Colleen Carey, DPT, C/NDT is a dynamic speaker and expert in the fields of early intervention, therapeutic handling, and functional goal outcomes. Colleen has extensive experience with a variety of developmental disorders and coordination disorders including cerebral palsy and autism, and has worked in early intervention, school districts and rehabilitation centers. She supports families across cultural and ethnic barriers and is a passionate advocate for children and families. Colleen holds an active certification in NDT, is an accomplished Coordinator Instructor with NDTA, and serves in leadership roles within NDTA. She studied at Quinnipiac College, New York University, and Temple University with a focus on developmental disabilities. Colleen. She operates the Children's Therapy Center, a pediatric outpatient center in Ambler, PA.  
Disclosure: Financial: Ms. Carey receives a speaking fee from ERI. Non-Financial: Ms. Carey has no non-financial relationships to disclose.

## About This Webinar

Begin or advance your knowledge of using NDT to treat the child with neurologic impairments and other pediatric disorders. We will discuss the importance of practice of movement sequences and importance of integrating strategies into daily activities utilizing fun and practical ideas. Facilitation strategies for improved movement control and assessment of the primary impairments necessary to address in treatment will be presented utilizing didactic, video and lab format.

## Objectives

- ① Apply NDT principles and theoretical assumptions
- ① Apply the principles of NDT facilitation to impact alignment, base of support and weight shift
- ① Differentiate between typical and atypical development
- ① Incorporate the ICF model into the Contemporary NDTA<sup>®</sup> Practice Model
- ① Utilize unique treatment strategies for trunk, upper extremity, and lower extremity for the child with neuromotor impairments

## Course Requirements:

Portions of the live seminar will include participant movement on the floor. Please consider computer and space set up to support learning. A jointed rag doll is required for portions of the course to enable practice of handling strategies.

## Audience

This course is designed for PTs, PTAs, OTs, and OTAs and is attractive to clinicians who seek a better understanding of the NDT Practice Model and the use of handling and facilitation to enhance function. Course content will focus on concepts of theory, assessment, and treatment of the child with cerebral palsy and disorders of the neuromotor system.

## Schedule – Day 1

- 5:25-5:45 pm Webinar Registration/Zoom Course Opens
- 5:45-6:45 pm NDT Practice Model (Principles of NDT) Principles of Facilitation
- 6:45-7:45 pm Typical/ Atypical Development
- 7:45-8:00 pm Break
- 8:00-8:30 pm LAB: Typical/Atypical Development
- 8:30-9:30 pm Influence of Touch, Key Points of Control, Alignment, Base of Support, Weight Shift

## Schedule – Day 2

- 5:25-5:45 pm Webinar Registration/Zoom Course Opens
- 5:45-6:45 pm VIDEO: Treatment demonstration
- 6:45-7:15 pm LAB: Treatment strategies to build function (with dolls)
- 7:15-7:30 pm Break
- 7:30-8:30 pm Using the ICF Model as a Construct for NDT Assessment
- 8:30-9:30 Goal Writing- How to Make Goals Achievable and Carry Over Practice to Reach the Participation Goals

## Schedule – Day 3

- 5:25-5:45 pm Webinar Registration/Zoom Course Opens
- 5:45-7:15 pm VIDEO CASE ANALYSIS: Presentation of the Child with Neurologic Impairment and Problem Solving
- 7:15-7:30 pm Break
- 7:30-8:15 pm CASE PRESENTATION: Treatment case including videos to illustrate clinical reasoning
- 8:15-9:00 pm GROUP PROBLEM SOLVING: “I have a child....”

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## Credits

This course meets the criteria for 10 contact hours (1.0) CEUs, Intermediate Level.

Most Physical Therapy State Boards accept webinars as a live offering. Please check with your state board to confirm.

Application has been made to the **NM, NV** and **OK** Boards of Physical Therapy.

Application has been made to **IL** EI Training Program.

Approved by the **NJ** State Board of Physical Therapy Examiners, the **KY** Physical Therapy Association, and the **MD** Board of Physical Therapy Examiners.

Approved sponsor by the State of **IL** Department of Financial and Professional Regulation for Physical Therapy for 12 contact hours. Approved provider by the **NY** State Board of Physical Therapy for 12 contact hours (1.2 CEUs). Education Resources, Inc. is an approved provider for Physical Therapy CEUs in the following states: **CA, KY, NC** and **TX**.

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Approved provider of continuing education by the American Occupational Therapy Association #3043, for 10 contact hours (1.0 CEUs)- Intermediate Level Occupational Therapy Process: assessment, intervention. The assignment of AOTA CEUs does not imply endorsement of specific course content, products or clinical procedures by AOTA.

Approved provider of the **FL** Board of Occupational Therapy-CE Broker 12 hours.

This course meets the approval of the **TX** Board of OT Examiners.

NBCOT professional development provider – 12 PDUs.

10 hours of this course qualify toward the 20 hours requirement for NDTA re-certification.

Please contact us with any special needs requests:

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## Webinar Dates and Times – 2021

January 14, 21 and 28, 2021

5:25 pm EST • 4:25 pm CST • 3:25 pm MST • 2:25 pm PST (US)

June 3, 10 and 17, 2021

5:25 pm EST • 4:25 pm CST • 3:25 pm MST • 2:25 pm PST (US)

*Registration is for three sessions in January or the three sessions in June*

*Log-in instructions and course materials will be emailed/added to your ERI account 5-7 days prior to the first date of the webinar*



\$369 fee. **LIMITED ENROLLMENT** Cancellation will be accepted until 14 days prior to the start date of the course, minus a \$75 Administration Fee. There will be NO REFUNDS after this 14 day deadline. Registration will be accepted after deadline on a space available basis. We encourage you to register online!

**Webinar: Integrating Utilizing NDT in Pediatric Practice**

January 14, 21 and 28, 2021

June 3, 10 and 17, 2021

**Course Registration Form**

Name: \_\_\_\_\_

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City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

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Needed in the event of an emergency scheduling change

Email: \_\_\_\_\_

Please clearly print your email address for course confirmation

Employer: \_\_\_\_\_

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