

Critically Thinking Through the Critically Ill



Miki Anderson Haas PT, DPT

Faculty

Miki Anderson Haas PT, DPT received her master's and subsequent Doctoral Degree in Physical Therapy from the University of North Carolina at Chapel Hill. She is a practicing physical therapist in Acute Care with 10+ years' experience at a Level I Trauma Center with most of her time spent in the ICU setting. Serving as the Lead Therapist of Critical Care Medicine for eight years, she has dedicated her career to program development and education of therapists and the multi-professional team involved with patients who are or have been critically ill. She assisted in the development and implementation of two specialized hospital teams with a strong focus on coordination and optimization of care that achieved improved outcomes for critically ill patients. She has communicated with audiences at the national, state, and local levels about the importance of PT and OTs in intensive care units and assisted in teaching the acute care curriculum at the University of North Carolina at Chapel Hill for 10+ years. Ms. Anderson Haas is passionate about educating others on her approach to treating the all-encompassing multi-trauma patient population.

Disclosure - Financial: Michelle (Miki) Anderson Haas receives an honorarium from ERI for this course. Non-Financial: She has no non-financial relationships to disclose.

About this Course

This course will go beyond the basic knowledge of evaluation and treatment of patients in the Critical Care Environment. It will focus on expanding the role of the therapist in the ICU setting and establish a knowledge base and treatment approach beyond mobility and exercise. The Critically Ill Trauma patient population will be of specific focus in this course with a deep dive into the orthopedic-trauma and traumatic brain injury patient populations. Current research and case examples will be utilized throughout. This course is also applicable to a large patient population of those who are or have been critically ill.

Objectives

1. Discuss the importance of a multi-professional approach with complex patients in the ICU and identify early predictors and indicators to assist the medical team in determining a patient's projected course.
2. Perform treatments for the critically ill beyond mobility and exercise prescription and create a plan for timing of treatment to elicit maximal function with patients who are medically complex using outcome measures and an evidence-based approach.
3. Justify their own "gut instincts" regarding projecting a patient course and how to assist the multi-professional team in higher level clinical decision making.
4. Interpret fracture patterns, management, and treatment while identifying the impact to the therapy picture and plan for patients involved in a trauma.
5. Assess, perform treatment and manage cases for patients with Traumatic Brain Injury in the ICU setting.

Audience

This course is designed for PTs, PTAs, OTs, OTAs interested in advancing practice in the Critical Care Patient Populations. Will focus on adult patients 18 years and older in the intensive care unit acute care setting and specifically when they are critically ill. A focus of the course will be the acute critically ill multi-trauma patient population.

Help your patients achieve better outcomes.

Schedule – Day 1

- 7:30-8:00** Registration/Continental Breakfast
- 8:00-10:30** Introduction
The Critically Ill Patient – Framework
Managing the Intensive Care Unit
The Multi-Professional Approach to Complex Patients
- 10:30-12:00** Timing Treatment to Elicit Maximal Function
Outcome Measures to Incorporate
- 12:00-1:00** Lunch (on your own)
- 1:00-2:00** Treatment Approaches Beyond Mobility and Exercise
- 2:00-4:00** Developing Your “Gut Instincts”
Utilizing your “Gut Instincts”
- 4:00-4:30** Implications after the Critical Illness

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Schedule – Day 2

- 7:30-8:00** Continental Breakfast
- 8:00-9:00** The Critically Ill Trauma Patient - Framework
- 9:00-11:00** Ortho-Trauma Injuries, Management and Treatment
Multi-Trauma Case Examples
- 11:00-12:00** The Critically Ill Patient with a Traumatic Brain Injury – Introduction
Brain Injury Overview and Severity Classification
- 12:00-1:00** Lunch (on your own)
- 1:00-3:00** Traumatic Brain Injury - Assessment in the Critically Ill
Traumatic Brain Injury – Therapy
Intervention for Early Neurorehabilitation Cases
- 3:00-4:00** Special Considerations of the Trauma Populations
Putting it All Together – Using Your “Gut Instincts” for Clinical Decision Making

Two 15-minute breaks will be included each day

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Credits

This course meets the criteria for 13.5 contact hours (1.35 CEUs). Application has been made to the **NJ** Board of Physical Therapy and the **OH** Physical Therapy Association. The **DC, DE, IN, PA** and **VA** Boards of Physical Therapy accept other Boards approvals.

Approved provider by the **NY** State Board of Physical Therapy for 16.2 hours.

Application has been made to the **FL** Physical Therapy Association for 16 continuing education hours. Approved provider by the **FL** Board of Occupational Therapy.



Approved provider of continuing education by the American Occupational Therapy Association #3043, for 13.5 contact hours (1.35 CEUs) - Intermediate Level Occupational Therapy Process: assessment, intervention. The assignment of AOTA CEU's does not imply endorsement of specific course content, products or clinical procedures by AOTA.

NBCOT professional development provider – 13.5 PDU's.

*Please contact us with any special needs requests:
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Locations and Dates - 2019

June 7-8	Cape Coral, FL	Cape Coral Hospital
September 27-28	Englewood, NJ	Englewood Hospital and Medical Center
November 1-2	Indianapolis, IN	IU Methodist Hospital

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\$435 fee. (Group rate for 3 or more, must be completed together, \$410 each). Deadline for registration is 3 weeks prior to course. Registration will be accepted after deadline on a space available basis. Cancellation accepted up until 2 weeks before course, minus an administration fee of \$75. NO REFUNDS WITHIN 2 WEEKS OF COURSE.

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Limited enrollment. We encourage you to register online!

Critically Thinking/Anderson Haas:

- March/DC June/FL Sept/NJ Nov/IN

Course Registration Form

Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Home Phone: _____ Work Phone: _____

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Needed in the event of an emergency scheduling change

Email: _____

Please clearly print your email address for course confirmation

Employer: _____

Discipline: _____ Specialty: _____

How did you learn of this course _____

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