

# Don't Wait for Gait!

## Therapeutic Evaluation & Treatment of Pediatric Gait

Liesa Ritchie-Persaud, DPT, PCS, PT, CKTP

### Faculty

Liesa M. Ritchie-Persaud, PT, DPT, PCS, CKTP is a licensed physical therapist with 30 years' experience in the field of adult and pediatric therapy. Dr. Ritchie-Persaud is a practicing physical therapist at Tulsa Sunshine Center in Oklahoma. Additionally, she is owner of Know to Change, and has educated health care professionals, both nationally and internationally, in advanced treatment techniques, specialized practical training and consultative services. Dr. Ritchie-Persaud is a Credentialed Clinical Instructor and taught human anatomy, physiology and nutrition at Tulsa Community College. She received her post-graduate Doctorate from Rocky Mountain University of Health Professions and is a Board-Certified Specialist in Pediatric Physical Therapy. In 2007, Dr. Ritchie-Persaud served as Treasurer for the Oklahoma Physical Therapy Association and has been a member of the Oklahoma Foundation for Physical Therapy since 2004. Her wide range of clinical experience, organizational leadership, and proficient teaching skills make her an exciting and compelling instructor. Disclosure: Financial: Liesa Ritchie-Persaud receives a speaking fee from Education Resources for this course. Non-Financial: She has no relevant nonfinancial relationships to disclose.

### About this Course

This course clearly explains the significant components of evaluation and treatment of pediatric gait, in a clinically relevant manner. Flaws of a “wait and see” approach will be discussed, while supporting proactive & preventive intervention with proposed methods for deliberate, realistic & effective intervention for pediatric gait. The increased prevalence of developmental delay will be considered, with proposed etiologies, assessment of pre-gait skill performance, related orthopedic consequences and the future effects of this diagnosis on postural control and ambulation. Neuroplasticity, and the opportunities it provides for therapists, is explained. Orthopedic development is presented as it concerns appropriate development of an adequate base of support and assessment of the pediatric lower quarter. In summary, participants will leave with skills and treatment tools to immediately put into practice.

### Objectives

- Explain the effects of delayed ambulation
- Describe the benefits of proactive & preventive intervention for pediatric gait
- Consider principles of neuroplasticity when considering intervention to increase mobility
- Apply a segmental approach to assessment of the pediatric lower quarter
- Utilize pediatric lower extremity & foot anatomy, & the principles of orthopedic development, as related to the development & performance of pediatric gait
- Implement appropriate treatment strategies for children with gait abnormalities

### Audience

This course is designed for Occupational Therapists, Occupational Therapy Assistants, Physical Therapists, and Physical Therapist Assistants

## Schedule – Day 1

5:40-6:00 **Webinar Registration/Zoom Course Opens**

6:00-10:00 Foundational skills for movement

- Delayed ambulation: effects on sensory motor performance, peer & social interaction, cognitive function & activity participation
- Developmental delay: etiology & consequences

### **BREAK (15 minutes)**

- Developmental process of gait: when mindful watching should turn to concern and action
- Ages & developmental stages: implications for intervention
- Pre-gait process

## Schedule – Day 2

5:40-6:00 **Webinar Registration/Zoom Course Opens**

6:00-10:00

- Interventions that are effective in facilitating & improving pediatric gait
  - Garment therapy
  - Orthotics
  - Therapeutic taping
  - Therapeutic activities

### **BREAK (15 minutes)**

- Orthopedics: pediatric lower extremity/foot anatomy and function
- Consequences of misalignment & associated functional impairments

## Schedule – Day 3

5:40-6:00 **Webinar Registration/Zoom Course Opens**

6:00-9:30 **CASE ANALYSIS**

Participants will apply principles and assessments presented to personal cases (past or current) using the guiding questions and resources provided. Breakouts, small group work and full group discussions will be used to provide further exposure to new interventions and assist participants in planning appropriate problem-oriented interventions. Additional case examples will be also presented by the instructor.

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### Credits

This course meets the criteria for 11 contact hours (1.1 CEUs) Intermediate level.

Most Physical Therapy State Boards accept webinars as a live offering. Please check with your state board to confirm.

Application has been made to the **KY, NJ, NM, and NV** Boards of Physical Therapy.

Approved provider by the **NY** State Board of Physical Therapy for 13.2 contact hours (1.32 CEUs). Approved sponsor by the State of **IL** Department of Financial and Professional Regulation for Physical Therapy for 13 contact hours. Application has been made to **IL** EI Training Program.

Education Resources, Inc. is an approved provider for Physical Therapy CEUs in the following states: **CA, KY and TX.**

The following state boards of physical therapy accept other states' approval: **AK, AR, AZ, DC, DE, GA, HI, ID, IN, KS, MI, MO, MS, NC, OR, PA, RI, SC, UT, VA, VT, WI, WY.**

The following state boards of physical therapy either do not require course pre-approval or do not require CEUs for re-licensure: **AL, CO, CT, IA, MA, ME, MT, NE, ND, NH, SD, WA**



Approved provider of continuing education by the American Occupational Therapy Association #3043, for 11 contact hours - Intermediate Level Occupational Therapy Process: assessment, intervention. The assignment of AOTA CEUs does not imply endorsement of specific course content, products or clinical procedures by AOTA.

Approved provider by the **FL** Board of Occupational Therapy - CE Broker

This course meets the approval of the **TX** Board of OT Examiners.

NBCOT professional development provider - 11 PDUs

11 hours of this course qualify towards the discipline-specific hours for the 20-hour requirement for NDTA re-certification. They do NOT qualify towards the 8-hour NDTA Instructor requirement for re-certification.

Please contact us with any special needs requests: [info@educationresourcesinc.com](mailto:info@educationresourcesinc.com) or 508-359-6533

### WEBINAR DATES AND TIMES

**January 12, 19 and 26, 2021**

**5:40 pm EST • 4:40pm CST • 3:40pm MST • 2:40pm PST**

*Registration is for all 3 sessions. Log-in instructions and course materials will be emailed/added to your ERI account 5-7 days prior to the webinar.*



\$369 fee. **LIMITED ENROLLMENT** Cancellation will be accepted until 14 days prior to the start date of the course, minus a \$75 Administration Fee. There will be NO REFUNDS after this 14-day deadline. Registration will be accepted after deadline on a space available basis. We encourage you to register online!

**WEBINAR: Don't Wait For Gait!/Ritchie-Persaud**

**January 12, 19 and 26, 2021**

**Course Registration Form**

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