
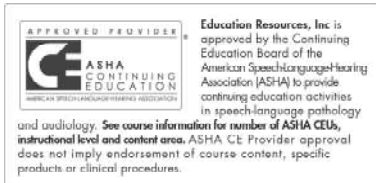


CREDITS

This course meets the criteria for 28.5 contact hours (2.85 CEUs).

 Approved provider of continuing education by the American Occupational Therapy Association #3043 for 28.5 contact hours (2.85 CEU's) Intermediate level. Occupational Therapy Process: assessment, Intervention. The assignment of AOTA CEU's does not imply endorsement of specific course content, products or clinical procedures by AOTA.

NBCOT Professional development provider 28.5 PDU's



This course is offered for up to 2.85 ASHA CEU's (Intermediate level, Professional area).

This presentation will focus exclusively on the SOS Approach to Feeding and will not include information on other similar or related therapy.

This course is one of the prerequisites for the NEW SOS Certification Program

TESTIMONIALS

"Having attended numerous courses during my career, this is by far the most comprehensive systematic approach to feeding that I have encountered. I've been given specific techniques that can be initiated tomorrow." *Eileen McFarland OT*

"Finally! A systematic approach to treating children with feeding issues." *Kristen Inman OTR*

"The SOS course is something I'd 100% recommend to all professionals involved with Feeding Therapy. I feel ready to go back to work and implement all of the strategies I've learned, with confidence. This course has been the most informative and enjoyable course I've attended." *Amber McCollister, SLP*

'Words cannot describe how much information and knowledge I have gained. It is exciting to be given all this incredible information then implementing it.' *Jennifer Bade, SLP*

This is a brilliant course. The seasoned experienced therapist will learn new strategies and can see the art of problem solving and analyzing all aspects of activities in a much better way. They opened my eyes to the art of facilitating a child to learn to eat.

Kaori Nakamura DiChiara OT

REGISTRATION

\$799 Fee: Deadline for registration is 3 weeks prior to course. Registrations accepted after deadline on a space available basis. Cancellation accepted until 2 weeks before course minus an administration fee of \$75. NO REFUNDS WITHIN 2 WEEKS OF COURSE.

Please make checks payable and return to:

Education Resources, Inc
266 Main St., Suite 12, Medfield, MA 02052
(508)359-6533 or 800-487-6530
FAX (508) 359-2959
www.educationresourcesinc.com
Enrollment is limited

SOS Approach/Toomey

NAME _____

ADDRESS _____

CITY/STATE/ZIP _____

PHONE(h) _____ PHONE(w) _____

CELL _____

Needed in the event of an emergency scheduling change

EMAIL _____

Please clearly print your email address for course confirmation

EMPLOYER _____

DISCIPLINE _____ SPECIALTY _____

HOW DID YOU LEARN ABOUT THIS COURSE _____

ERI Rewards. I am registering for my 4th course since January 2009 and applying \$100 credit to the tuition.

Course Location:

April/MN

Education Resources reserves the right to cancel any course due to insufficient registration or extenuating circumstances. Please do not make non-refundable travel arrangements until you have called us and received confirmation that the course will be held. We are not responsible for any expenses incurred by participants if the course must be cancelled.

I have read your refund policy above and understand.

Cardholder's name & billing address with zip code if different from above.

Amount to be charged _____

Signature _____

I hereby authorize you to charge my: VISA MC DISCOVER

Exp. Date _____ CVV2 code _____

(last 3 digits on back of card).

AUDIENCE

This Conference is intended for professionals who work with children with feeding difficulties. This includes: Speech Pathologists, Occupational Therapists, Special Educators, Early Intervention Specialists, Nurses, Physicians, Dietitians, Mental Health Workers, other Child Care Providers and Educators.

Participants are expected to attend the course for the entire length of each day to receive the SOS Certificate of Attendance and the full CEU credits.

Please make all arrangements to ensure that you do not arrive late or need to leave early on any day. No Exceptions.

LOCATION & ACCOMMODATIONS

Please visit our website for suggested overnight accommodations

April 25-28, 2019 - Minnesota

United Hospital
John Nasseff Medical Center
St. Paul, MN

FACULTY DISCLOSURES

Kay Toomey: Financial: receives a speaking fee from Education Resources for this course. She is a paid speaker for the Star Institute for Sensory Processing Disorder and is a paid Consultant for Nestle Infant Nutrition (Gerber division). Non Financial: She is an unpaid Medical Professional Council Member for Feeding Matters, (formerly P.O.P.S.I.C.L.E.)

Kelly Fitzpatrick: Financial: receives a speaking fee from Education Resources for this course. She is a paid speaker for STAR Institute for Sensory Processing Disorder. She has no non-financial relationships to disclose.

Bethany Kortsha Financial: receives a speaking fee from Education Resources for this course. She is a paid speaker for STAR Institute for Sensory Processing Disorders. She has no non-financial relationships to disclose.

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We invite you to share your ideas with us, post a clinical challenge you are currently facing, or share a great therapy tip with your colleagues. Visit us on Facebook, Linked In or on our Blog

www.educationresourcesinc.com/blog



**WHEN CHILDREN WON'T EAT:
PICKY EATERS**

VS.

PROBLEM FEEDERS

**Assessment and Treatment
Using The SOS Approach
to Feeding**

Kay Toomey - PhD

Kelly Fitzpatrick, MA, CCC-SLP

Bethany Kortsha, MA, Otr/L

April 25-28, 2019 - St. Paul, MN

NEW FORMAT

includes multiple opportunities for video analysis and clinical problem solving



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Relevant Continuing Education for Therapists by Therapists

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CONFERENCE DESCRIPTION

The SOS Approach to Feeding is a Transdisciplinary Program for assessing and treating children with feeding and weight/growth difficulties. It has been developed over the course of 30 years through the clinical work of Dr. Kay Toomey, in conjunction with colleagues from several different disciplines including: Pediatricians, Occupational Therapists, Registered Dieticians, and Speech Pathologists/Therapists.

This program integrates sensory, motor, oral, behavioral/learning, medical and nutritional factors and approaches in order to comprehensively evaluate and manage children with feeding/growth problems. It is based on, and grounded philosophically in, the "normal" developmental steps, stages and skills of feeding found in typically developing children. The treatment component of the program utilizes these typical developmental steps towards feeding to create a systematic desensitization hierarchy of skills/behaviors necessary for children to progress with eating various textures, and with growing at an appropriate rate for them. The assessment component of the program makes sure that all physical reasons for atypical feeding development are examined and appropriately treated medically. In addition, the SOS Approach to Feeding works to identify any nutritional deficits and to develop recommendations as appropriate to each individual child's growth parameters and needs. Skills across all developmental areas are also assessed with regards to feeding, as well as an examination of learning capabilities with regards to using the SOS program.

CONFERENCE OBJECTIVES

Participants will be able to:

1. Identify oral, sensory, motor, cognitive and emotional developmental milestones key to feeding.
2. Recognize and describe the major reasons why children won't eat, as based on learning theory principles.
3. Identify physical, behavioral, motor, oral-motor, and sensory factors as a part of a Feeding Assessment.
4. Apply behavioral and social learning principles, and systematic desensitization, to feeding problems.
5. Create and implement a SOS feeding program for toddlers and young children, in group and individual treatment formats.

SCHEDULE DAY ONE

12:30-1:00	Registration
1:00-3:00	I. Introduction A. Prevalence B. What do we know from the Research? C. Tenets of SOS
3:00-3:15	Break
3:15-5:00	D. Top 10 Myths II. Feeding Theory How children learn to AND not to eat A. Learning Theory 1. Feeding Theory options 2. Video
5:00-6:15	B. Myth 1 = Breathing C. Motor Skill Acquisition

SCHEDULE DAY TWO

7:30-8:00	Continental Breakfast
8:00-10:00	II Feeding Theory (continued) D. Oral-Motor Skill Acquisition E. Neurosensory Skill Acquisition F. Steps to Eating
10:00-10:15	Break
10:00-12:00	II. Feeding Theory - (continued) G. Developmental Food Continuum H. Cognitive Development
12:00-1:00	Lunch (on your own)
1:00-2:45	II. Feeding Theory - (continued) I. Psychological Developmental Stages III. Treatment/Interventions A. General Strategies
2:45-3:00	Break
3:00-5:00	III. Treatment/Interventions A. General Strategies - continued B. Food Jags
5:00-6:15	IV. Assessment of Feeding Problems A. Assessment Process B. Referral Candidates C. Reasons Children Won't Eat

SCHEDULE DAY THREE

7:30-8:00	Continental Breakfast
8:00-10:15	V. Assessment of Feeding Problems (continued) D. Child Factors E. Environmental Factors F. Parent Factors
10:15-10:30	Break
10:30-12:30	IV. Assessment of Feeding Problems (continued) H. Practice Videos I. Parent's Experience
12:30-1:30	Lunch (on your own)
1:30-3:30	V. The SOS Approach to Feeding - Therapy Sessions A. Systematic Desensitization B. Cues to Eating C. Language Use
3:30-3:45	Break
3:45-5:30	V. The SOS Approach to Feeding - (continued) D. Therapy Format - Child E. Therapy Format - Parent F. SOS Data G. Building a Food Hierarchy

SCHEDULE DAY FOUR

7:30-8:00	Continental Breakfast
8:00-12:00	V. The SOS Approach to Feeding - (continued) H. Practice building a Food Hierarchy. 1. Hierarchy Strategies: Moving Children Up the Steps
12:00-1:00	Lunch (on your own)
1:00-3:00	V. The SOS Approach to Feeding - (continued) J. Practicing Hierarchy Strategies K. Video: Progression Within Session L. SOS Data
3:00-3:15	Break
3:15-5:00	VI. Managing Maladaptive Behaviors A. Overview B. Preventing "problem" behaviors C. Intervention strategies - basic D. Emotion Based Discipline
	VII. The SOS Approach to Feeding Practice A. Video Practice: Progression Across Sessions

FACULTY

Dr. Kay A. Toomey is a Pediatric Psychologist who has worked with children who don't eat for almost 30 years. She has developed the SOS Approach to Feeding as a family centered program for assessing and treating children with feeding problems. Dr. Toomey speaks nationally and internationally about her approach. She also acts as a consultant to Gerber Products. Dr. Toomey helped to form The Children's Hospital – Denver's Pediatric Oral Feeding Clinic, as well as the Rose Medical Center's Pediatric Feeding Center. Dr. Toomey co-chaired the Pediatric Therapy Services Department at Rose Medical Center prior to entering private practice. Dr. Toomey acted as the Clinical Director for Toomey & Associates, Inc.'s Feeding Clinic for six years and SOS Feeding Solutions at STAR Institute for eight years. Dr. Toomey is currently the President of Toomey & Associates, Inc., and acts as a Clinical Consultant to the Feeding Clinic at STAR Institute.

Kelly Fitzpatrick, CCC-SLP received her Master of Arts degree in Communication Sciences and Disorders from The University of Memphis. She currently works as a Pediatric Specialist and Speech Pathologist for Rocky Mountain Health and Human Services. She specializes in feeding difficulties in children 0-5 years old and those who are G-tube dependent. Prior to her position with RMHHS, Kelly acted as the Assistant Clinical Director of SOS Feeding Solutions at the STAR Institute for Sensory Processing Disorder with Dr. Lucy Jane Miller. Kelly began her career in a pediatric outpatient hospital setting using the SOS Approach to Feeding program. Kelly has also completed the STAR Institute's Intensive Mentorship Program and is a certified DIR Floortime Provider.

Bethany CF Kortsha, MA, OTR/L received her Master of Arts degree in Occupational Therapy from The College of Saint Catherine in St. Paul, Minnesota. She completed her Master's thesis on Autism and feeding challenges using the SOS Approach to Feeding. Bethany currently works as a Pediatric Feeding Specialist at the Feeding Clinic at STAR Institute for Sensory Processing Disorder with Dr. Lucy Jane Miller. She is also the Director of Clinical Mentorship for Toomey & Associates, Inc. Prior to joining STAR Institute and Toomey & Associates, Inc., Bethany worked as a member on a multidisciplinary team in a day treatment clinic for children with Autism Spectrum Disorders, SPD, emotional/behavioral disorders, and feeding problems. Additionally, Bethany has completed the STAR Institute's Intensive Mentorship Program and is a certified DIR Floortime Provider.

