

Contemporary Thoughts on Treating the Child with Hypotonia

Colleen Carey, DPT, C/NDT



Faculty

Colleen Carey, DPT, C/NDT is a dynamic speaker and expert in the fields of early intervention, therapeutic handling, and functional goal outcomes. Colleen has extensive experience with a variety of developmental disorders and coordination disorders including cerebral palsy and autism, and has worked in early intervention, school districts and rehabilitation centers. She supports families across cultural and ethnic barriers and is a passionate advocate for children and families. Colleen holds an active certification in NDT, is an accomplished Coordinator Instructor with NDTA, and serves in leadership roles within NDTA. She studied at Quinnipiac College, New York University, and Temple University with a focus on developmental disabilities. Colleen. She operates the Children's Therapy Center, a pediatric outpatient center in Ambler, PA.

Disclosure: Financial: Ms. Carey receives a speaking fee from ERI. Non-Financial: Ms. Carey has no non-financial relationships to disclose.

WEBINAR

About this Course

This workshop, held 3 consecutive evenings, focuses on using the NDT Practice Model in treating the child with hypotonia. Specific strategies to improve motor control in this population will be presented. Treatment strategies based on the common impairments of the sensorimotor system in this population will be demonstrated through the use of videotapes, case studies and practice labs. Participants will problem solve strategies to improve functional motor performance of the child with hypotonia.

Objectives

- 1 Describe the common impairments seen in children with hypotonia.
- 2 Utilize current motor control research as it applies to postural control in the child with hypotonia
- 3 Analyze movement patterns of the hypotonic child.
- 4 Apply the principles of improving alignment, base of support and control of weight shift
- 5 Explain the role of SMART goals in treatment planning for the child with hypotonia

Audience

OTs, OTAs, PTs, PTAs, working with children with hypotonia, infancy through adolescence.

Help your patients achieve better outcomes.

Schedule – Day 1

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|-----------|--|
| 5:45-6:45 | Motor Control in the Child with Hypotonia |
| 6:45-7:45 | Assessment with the NDT Practice Model |
| 7:45-8:00 | Break |
| 8:00-8:45 | VIDEO Assessment of the Child with Hypotonia |
| 8:45-9:30 | Significance of the Trunk |

Schedule – Day 2

| | |
|------------|---|
| 5:45-6:45 | LAB: Movement synergies and the impact on function |
| 6:45-8:00 | LAB: Strategies for the Trunk, shoulder stability, hip stability, hand function |
| 8:00-8:10 | Break |
| 8:10- 9:00 | Bracing and Therapy Adjuncts |
| 9:00-9:30 | CASE ANALYSIS/VIDEOS: Treatment case 1 to illustrate clinical reasoning |

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We invite you to share your ideas with us, post a clinical challenge you are currently facing, or share a great therapy tip with your colleagues. Please visit us on Facebook, LinkedIn, and our blog.



Schedule – Day 3

| | |
|-----------|--|
| 5:45-7:00 | Critical Impairments of the Child with Hypotonia |
| 7:00-7:45 | Treatment Planning and Goal Writing |
| 7:45-8:00 | Break |
| 8:00-9:00 | GROUP ANALYSIS/PROBLEM SOLVING: Children with hypotonia |
| 9:00-9:30 | CASE ANALYSIS/VIDEO: Treatment case 2 to illustrate clinical reasoning |

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Credits

This course meets the criteria for 10.5 contact hours (1.05) CEUs, Intermediate Level. Most Physical Therapy State Boards accept webinars as a live offering. Please check with your state board to confirm.

Application has been made to the **KY, MD, NM, NV** and **OK** Boards of Physical Therapy. Approved by the **NJ** State Board of Physical Therapy Examiners for 10.5 CEC's. Approved sponsor by the State of **IL** Department of Financial and Professional Regulation for Physical Therapy for 12.5 contact hours. Application has been made to **IL** EI Training Program. Approved provider by the **NY** State Board of Physical Therapy for 12.6 contact hours (1.26 CEUs). Education Resources, Inc. is an approved provider for Physical Therapy CEUs in the following states: **CA, KY and TX**.

The following state boards of physical therapy accept other states' approval: **AK, AR, AZ, DC, DE, GA, HI, ID, IN, KS, MI, MO, MS, NC, OR, PA, RI, SC, UT, VA, VT, WI, WY**.

The following state boards of physical therapy either do not require course pre-approval or do not require CEUs for re-licensure: **AL, CO, CT, IA, MA, ME, MT, NE, ND, NH, SD, WA**.



Approved provider of continuing education by the American Occupational Therapy Association #3043, for 13 contact hours Intermediate Level Occupational Therapy Process: assessment, intervention. The assignment of AOTA CEUs does not imply endorsement of specific course content, products or clinical procedures by AOTA. NBCOT professional development provider-13 PDUs.

Approved provider of the **FL** Board of Occupational Therapy-CE Broker 12.5- hours.

This course meets the approval of the **TX** Board of OT Examiners.

NBCOT professional development provider – 10.5 PDUs.

10.5 hours of this course qualify towards the discipline-specific hours for the 20-hour requirement for NDTA re-certification. They do NOT qualify towards the 8-hour NDTA Instructor requirement for re-certification.

Webinar Dates and Times- 2020

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|---------------------------|--------------|--------------------|
| Monday, October 5 | LIVE WEBINAR | 5:45pm-10:00pm EST |
| Monday, October 12 | LIVE WEBINAR | 6:00pm-10:00pm EST |
| Monday, October 19 | LIVE WEBINAR | 6:00pm-10:00pm EST |

Registration is for all 3 sessions. Log-in instructions and course materials will be emailed/added to your ERI account 2-3 days prior to the webinar.



\$369 fee. **LIMITED ENROLLMENT** Cancellation will be accepted until 14 days prior to the start date of the course, minus a \$75 Administration Fee. There will be NO REFUNDS after this 14 day deadline. Registration will be accepted after deadline on a space available basis. We encourage you to register online!

WEBINAR: Contemporary Thoughts on Treating the Child with Hypotonia/Carey

☐ **October 5, 12, 19, 2020**

Course Registration Form

Name: _____

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