

Utilizing NDT in Pediatric Practice

Colleen Carey, DPT, C/NDT

Faculty

Colleen Carey, DPT, C/NDT is a dynamic speaker and expert in the fields of early intervention, therapeutic handling, and functional goal outcomes. Colleen has extensive experience with a variety of developmental disorders and coordination disorders including cerebral palsy and autism, and has worked in early intervention, school districts and rehabilitation centers. She supports families across cultural and ethnic barriers and is a passionate advocate for children and families. Colleen holds an active certification in NDT, is an accomplished Coordinator Instructor with NDTA, and serves in leadership roles within NDTA. She studied at Quinnipiac College, New York University, and Temple University with a focus on developmental disabilities. Colleen. She operates the Children's Therapy Center, a pediatric outpatient center in Ambler, PA.

Disclosure: Financial: Ms. Carey receives a speaking fee from ERI. Non-Financial: Ms. Carey has no non-financial relationships to disclose.

WEBINAR

Begin or advance your knowledge of using NDT to treat the child with neurologic impairments and other pediatric disorders. We will discuss the importance of practice of movement sequences and importance of integrating strategies into daily activities utilizing fun and practical ideas. Facilitation strategies for improved movement control and assessment of the primary impairments necessary to address in treatment will be presented utilizing didactic, video and lab format.

Objectives

- 1 Apply NDT principles and theoretical assumptions
- 2 Apply the principles of NDT facilitation to impact alignment, base of support and weight shift
- 3 Differentiate between typical and atypical development
- 4 Incorporate the ICF model into the Contemporary NDTA[®] Practice Model
- 5 Utilize unique treatment strategies for trunk, upper extremity, and lower extremity for the child with neuromotor impairments

Course Requirements:

Portions of the live seminar will include participant movement on the floor. Please consider computer and space set up to support learning. A jointed rag doll is required for portions of the course to enable practice of handling strategies.

Audience

This course is designed for PT, PTA, OT, and OTAs and is attractive to clinicians who seek a better understanding of the NDT Practice Model and the use of handling and facilitation to enhance function. Course content will focus on concepts of theory, assessment, and treatment of the child with cerebral palsy and disorders of the neuromotor system.

Schedule – Day 1

| | |
|--------------------|---|
| 11:00-11:30 | NDT Practice Model (Principles of NDT) |
| 11:30-12:00 | Principles of Facilitation |
| 12:00-1:00 | Typical/ Atypical Development |
| 1:00-1:15 | Break |
| 1:15-1:45 | LAB: Typical/Atypical Development |
| 1:45-2:45 | Analysis of Movement, Influence of Touch, Key Points of Control, Alignment, Base of Support, Weight Shift |
| 2:45-3:00 | Break |
| 3:00-4:00 | VIDEO: Treatment demonstration |
| 4:00-4:30 | LAB: Treatment strategies to build function (with dolls) |

Follow us on Social Media

We invite you to share your ideas with us, post a clinical challenge you are currently facing, or share a great therapy tip with your colleagues. Please visit us on Facebook, LinkedIn and our blog.



Schedule – Day 2

| | |
|--------------------|--|
| 11:00-12:00 | Using the ICF Model as a Construct for NDT Assessment |
| 12:00-12:45 | Goal Writing- How to Make Goals Achievable and Carry Over Practice to Reach the Participation Goals |
| 12:45-1:00 | Break |
| 1:00-2:30 | VIDEO CASE ANALYSIS: Presentation of the Child with Neurologic Impairment and Problem Solving |
| 2:30-2:45 | Break |
| 2:45-3:30 | CASE PRESENTATION: Treatment case including videos to illustrate clinical reasoning |
| 3:30-4:30 | GROUP PROBLEM SOLVING: "I have a child..." |

Online Courses

We've infused the excitement and clinical relevance of our live courses into new online series

Learn at your convenience:

- Torticollis: Assessment and Treatment of Infants and Children Online Series
- Vestibular Therapy for the School-Aged Child and Adolescent Online Series
- Pediatric Toe Walking Series
- Acute Care Series

Online courses include free downloadable handouts and access for an entire year.

Register directly online : www.educationresourcesinc.com

ERI: Life-changing learning

You love what you do. Our courses remind you why. As a therapist, you change lives every day – and have your life changed in return. ERI is life-changing learning, for therapists by therapists.

The ERI Advantage:

- Techniques you'll use the next day
- Peers who share your passion
- Renowned faculty
- Evidence-based courses that improve outcomes
- 30 years of life-changing learning

Specialty Tracks throughout the lifespan – Neonatal, Pediatric, Adult, Geriatric

Each ERI specialty track is designed to make the most of your continuing education time, budget, and goals. Start your search with us, and plan every course you'll take in 2020.

Visit educationresourcesinc.com for all of your 2020 courses.

ERI Rewards

Your ERI experience is more rewarding than ever.

- First Course Discount
- Bring a Friend Savings
- Group Discounts
- \$100 off your 4th Multi-day Course
- And more

Subject to availability. Exclusions may apply. Visit our website for details and coupon codes.

Credits

This course meets the criteria for 10 contact hours (1.0) CEUs, Intermediate Level. Most Physical Therapy State Boards accept webinars as a live offering. Please check with your state board to confirm.

Application has been made to the **KY, MD, NJ, NM, NV** and **OK** Boards of Physical Therapy. Application has been made to Illinois EI Training Program.

Approved sponsor by the State of **IL** Department of Financial and Professional Regulation for Physical Therapy for 12 contact hours. Approved provider by the **NY** State Board of Physical Therapy for 12 contact hours (1.2 CEUs).

Education Resources, Inc. is an approved provider for Physical Therapy CEUs in the following states: **CA, KY, NC** and **TX**.

Education Resources, Inc. is an approved provider for Physical Therapy CEUs in the following states: **CA, KY, NC** and **TX**. The following state boards of physical therapy accept other states' approval: **AK, AR, AZ, DC, DE, GA, HI, ID, IN, KS, MI, MO, MS, OR, PA, RI, SC, UT, VA, VT, WI, WY**. The following state boards of physical therapy either do not require course pre-approval or do not require CEUs for re-licensure: **AL, CO, CT, IA, MA, ME, MT, NE, ND, NH, SD, WA**.



Approved provider of continuing education by the American Occupational Therapy Association #3043, for 10 contact hours (1.0 CEUs)- Intermediate Level Occupational Therapy Process: assessment, intervention. The assignment of AOTA CEUs does not imply endorsement of specific course content, products or clinical procedures by AOTA.

Approved provider of the **FL** Board of Occupational Therapy-CE Broker 12 hours.

This course meets the approval of the **TX** Board of OT Examiners.

NBCOT professional development provider – 10 PDU's.

10 hours of this course qualify toward the 20 hours requirement for NDTA re-certification.

Please contact us with any special needs requests:

info@educationresourcesinc.com or 508-359-6533

Webinar Dates and Times – 2020

Thursday, September 10 Live Webinar 11:00pm-4:30pm EST

Thursday, September 17 Live Webinar 11:00pm-4:30pm EST

Registration is for all four sessions.

Log-in instructions and course materials will be emailed/added to your ERI account 2-3 days prior to the first date of the webinar



\$369 fee. **LIMITED ENROLLMENT** Cancellation will be accepted until 14 days prior to the start date of the course, minus a \$75 Administration Fee. There will be NO REFUNDS after this 14 day deadline. Registration will be accepted after deadline on a space available basis. We encourage you to register online!

Webinar: Integrating Utilizing NDT in Pediatric Practice

September 10,17, 2020

Course Registration Form

Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Home Phone: _____ Work Phone: _____

Cell Phone: _____

Needed in the event of an emergency scheduling change

Email: _____

Please clearly print your email address for course confirmation

Employer: _____

Discipline: _____ Specialty: _____

How did you learn of this course? _____

Education Resources reserves the right to cancel any course due to insufficient registration or extenuating circumstances. We are not responsible for any expenses incurred by participants if the course must be cancelled.

I have read your refund policy above and understand.

Cardholder's name & billing address with zip code if different from above:

Signature _____

Amount charged _____

I hereby authorize you to charge my: VISA MC DISCOVER# _____

Exp. Date _____ CVV2 Code _____