

Integrating NDT, SI and Motor Learning Perspectives in Pediatrics



Kim Westhoff OTR/L, C/NDT

Faculty

Kim Westhoff is a passionate presenter who offers practical concepts and intervention approach to be readily applied in multiple settings with applicable information for the whole team. She brings a wealth of experience having practiced in a variety of settings including, but not limited to hospital outpatient and specialty clinics, private clinics, schools, community environments, and currently a private home and clinic-based practice. Her expertise includes innovative services to infants through young adults along with their families who experience physical, sensory, learning, emotional and behavioral challenges. She is a recognized educator both nationally and internationally and had presented a variety of educational seminars for occupational and physical therapist, speech anthropologists, families, educators, and physicians. She is a Pediatric OT instructor for NDTA and is an active member within the NDTA Instructor group.

Financial: Kim Westhoff receives an honorarium for teaching and speaking from Education Resources. Non-Financial: Kim Westhoff has no relevant non-financial relationships to disclose.

WEBINAR

Do you ever wonder where to begin with your clients that have many needs? What is the leading area of concern? Why does it seem my treatments aren't as effective as I anticipated? This workshop will **enhance critical thinking skills** and **hands-on skills** to facilitate therapists in using a problem-solving approach when treating children with complicated developmental challenges. Focus during the workshop will utilize critical thinking skills for evaluation and assessment from a neurodevelopmental, sensory and motor learning aspect. Using this approach will assist therapists in setting realistic and measurable goals that will drive treatment sessions resulting in more effective intervention.

Objectives

- 1 Identify key aspects of development in the context of typical movement and sensation related to a designated task.
- 2 Create a functional goal for a designated task applying current concepts learned from an NDT, SI, and motor learning aspect.
- 3 Apply critical thinking to design a prioritized approach that identifies top areas to be addressed in treatment.
- 4 Using a systematic approach describe a treatment plan based on functional goal.
- 5 Design three intervention steps to execute in treatment.

Audience

This course is designed for Occupational Therapists, Occupational Therapy Assistants, Physical Therapists, Physical Therapist Assistants, and Speech Therapists working with infants through young adolescence. Course content is not intended for use by participants outside their scope of practice, license or regulations.

Help your patients achieve better outcomes.

Schedule – Day 1

- 7:00-10:00 Multi-Theoretical Approach
- Theories
 - Systems model
 - Assessing to achieve participation

Schedule – Day 2

- 7:00-10:00 NDT Concepts
- Practical critical thinking skills
 - Center of mass
 - Base of support
 - Fluidity of movement

Online Courses

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Schedule – Day 3

- 7:00-10:00 Sensory Processing & Integration Concepts
- Quick overview of the different sensory systems: Vestibular, Somatosensory, Proprioception, Visual, Auditory
 - Applications to children with neuromotor, developmental & sensory processing challenges within different settings; (home, school, clinic)

Schedule – Day 4

- 7:00-10:00 Assessment and Treatment Planning and Intervention
- Movement analysis & systems assessment
 - Application goal setting
 - Typical aspects of goal
 - Treatment intervention

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Credits

This course meets the criteria for 12 contact hours (1.2) CEUs, Intermediate Level. Most Physical Therapy State Boards accept webinars as a live offering. Please check with your state board to confirm.

Application has been made to the **NJ, NM** and **OK** Boards of Physical Therapy.

Approved by the **NV** State Board of Physical Therapy Examiners.

Approved sponsor by the State of **IL** Department of Financial and Professional Regulation for Physical Therapy for 14 contact hours. Application has been made to **IL** EI Training Program. Approved provider by the **NY** State Board of Physical Therapy for 14.4 contact hours (1.4 CEUs).

Education Resources, Inc. is an approved provider for Physical Therapy CEUs in the following states: **CA, KY, NC** and **TX**. The following state boards of physical therapy accept other states' approval: **AK, AR, AZ, DC, DE, GA, HI, ID, IN, KS, MI, MO, MS, OR, PA, RI, SC, UT, VA, VT, WI, WY**. The following state boards of physical therapy either do not require course pre-approval or do not require CEUs for re-licensure: **AL, CO, CT, IA, MA, ME, MT, NE, ND, NH, SD, WA**.



Approved provider of continuing education by the American Occupational Therapy Association #3043, for 12 contact hours (1.2 CEUs)- Intermediate Level Occupational Therapy Process: assessment, intervention. The assignment of AOTA CEUs does not imply endorsement of specific course content, products or clinical procedures by AOTA.

NBCOT professional development provider – 12 PDUs

12 hours of this course qualify towards the discipline-specific hours for the 20-hour requirement for NDTA re-certification. They do NOT qualify towards the 8-hour NDTA Instructor requirement for re-certification

Please contact us with any special needs requests:

info@educationresourcesinc.com or 800-487-6530

Webinar Dates and Times – 2020

Monday, August 10 Live Webinar 7:00pm-10:00pm EST

Wednesday, August 12 Live Webinar 7:00pm-10:00pm EST

Monday, August 17 Live Webinar 7:00pm-10:00pm EST

Wednesday, August 19 Live Webinar 7:00pm-10:00pm EST

Registration is for all four sessions.

Log-in instructions and course materials will be emailed/added to your ERI account 2-3 days prior to the first date of the webinar



\$369 fee. **LIMITED ENROLLMENT** Cancellation will be accepted until 14 days prior to the start date of the course, minus a \$75 Administration Fee. There will be NO REFUNDS after this 14 day deadline. Registration will be accepted after deadline on a space available basis. We encourage you to register online!

Webinar: Integrating NDT, SI and Motor Learning Perspectives in Pediatrics

August 10, 12, 17 and 19, 2020

Course Registration Form

Name: _____

Address: _____

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Needed in the event of an emergency scheduling change

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How did you learn of this course? _____

Education Resources reserves the right to cancel any course due to insufficient registration or extenuating circumstances. We are not responsible for any expenses incurred by participants if the course must be cancelled.

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