

Posture, Movement & Function:

Beyond the Basics - An Integrated Approach

Suzanne Davis Bombria PT, C/NDT

Faculty

Suzanne Davis Bombria, PT, C/NDT brings first-hand practical experience to her courses as she is the mother of a son who has cerebral palsy. She is an internationally recognized therapist and speaker and is a Neuro-Developmental (NDT) Coordinator-Instructor for the intensive NDTA™ Certification course in pediatrics for physical, occupational & speech therapists. Ms. Davis Bombria is one of the investigators in the project titled “Multi-modal intervention for children with cerebral palsy: A randomized controlled trial,” at Southern Cross University in Australia. Cerebral Palsy Magazine, NDTA Network & Therapy Skill Builders have published her writings. Her passion for her work, which expands over thirty years as a pediatric therapist and instructor, along with her easy presentation style, provide the theoretical and practical solutions all therapists can immediately apply with their patient population. Disclosure Financial: Ms. Davis Bombria receives a speaking fee when she teaches for Education Resources. NonFinancial: Ms. Davis Bombria is a member of the instructor group of NDTA.

About this Course

Pediatric therapists commonly ask these questions about their patients with neuromotor dysfunction: “Where do I start? How do I prioritize in therapy? What is the most effective way to reach the functional goal?” “How do I work with children with complex issues for best outcomes?” This course answers those questions. Join in as we go through this unique in-depth analysis process integrating motor learning, neuroplasticity, Contemporary NDT and the ICF model. Go step-by-step through examination/evaluation, setting functional goals, in-depth analysis of system integrities and impairments, prioritizing, and developing treatment strategies. Explore impairments & treatment strategies specifically related to the Neuromuscular, Musculoskeletal, Sensory & Respiratory Systems. The information is presented through lecture, video and lab, including movement analysis and problem solving of children, and work with dolls. It is a dynamic course intended to give the participant skills that are immediately usable in their everyday practice, and effective with the children they treat.

Objectives

- 1 Determine the differences between function & participation and why therapists need to go beyond milestones
- 2 Apply the components of the ICF model & the NDT perspective using patient examples
- 3 Utilize the Assessment & Treatment Strategy Worksheet that incorporates the ICF Model, evaluate a child on video
- 4 Identify the components of therapy Intervention using principles of Neuroplasticity and Motor Learning
- 5 Write meaningful goals that have a life impact
- 6 Measure the degree of progress/outcome using the GAS (Goal Attainment Scale)

Schedule: Day 1, 6pm to 9pm

- 6:00-7:15 Concept of in-depth analysis & importance of family/child chosen goals: principles of Neuroplasticity & Motor Learning
- Function vs Participation: Why does it matter?
- 7:15-7:30 Break
- 7:30-9:00 ICF Model: The examination process
- Participation → Function → Multi-system Impairments → Single System Impairments → Prioritized Impairments → Treatment
- Analysis of postural control & movement of children with a variety of diagnoses (i.e. hypertonia, hypotonia, CP, developmental delay)

Schedule: Day 2, 6pm to 9:30pm

- 6:00-7:30 Analysis of Systems: Neuromuscular, Musculoskeletal, Sensory, Respiratory
- 7:30-7:45 Break
- 7:45-9:00 Video exam/evaluation: in-depth analysis & problem-solving
- 9:00-9:30 Functional Goal Writing: based on family/child chosen goals

Schedule: Day 3, 6pm to 9pm

- 6:00-7:30 Treatment Planning Worksheet integrating principles of Neuroplasticity, Motor Learning & Contemporary NDT
- 7:30-7:45 Break
- 7:45-9:00 Video Problem Solving

Schedule: Day 4, 6pm to 9pm

- 6:00-7:30 GAS (Goal Attainment Scale): how to measure change in performance to show increments of progress toward chosen goals
- 7:30-7:45 Break
- 7:45-9:00 LAB: Video problem-solving treatment strategies based on the principles of neuroplasticity and motor

Participants must complete all four sessions to earn 11.5 Hours (1.15 CEUs)

Audience

This course is designed for PTs, PTAs, OTs, OTAs, SLPs, and EIs who work with children 18 months through teen.

Therapists who have previously taken the course “Contemporary NDT Treatment of the Baby and Young Child” will benefit from this course.

REQUIREMENTS

Participants must have a rag doll for the Lab and additional paper for problem solving notes.

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Credits

This course meets the criteria for 11.5 contact hours (1.15) CEUs. Intermediate level
Most Physical Therapy State Boards accept webinars as a live offering. Please check with your state board to confirm.

Application has been made to the **OK** and **NM** Boards of Physical Therapy
Approved provider by the **NY** State Board of Physical Therapy for 13.8 contact hours
Approved sponsor by the State of **IL** Department of Financial and Professional Regulation for Physical Therapy for 13.5 contact hours. Application has been made to **Illinois EI** Training Program.

Education Resources, Inc. is an approved provider for Physical Therapy CEUs in the following states: **CA, NC** and **TX**.

The following state boards of physical therapy accept other states' approval: **AK, AR, AZ, DC, DE, GA, HI, ID, IN, KS, MI, MO, MS, OR, PA, RI, SC, UT, VA, VT, WI, WY**

The following state boards of physical therapy either do not require course pre-approval or do not require CEUs for re-licensure: **AL, CO, CT, IA, MA, ME, MT, NE, ND, NH, SD, WA**



Approved provider of continuing education by the American Occupational Therapy Association #3043, for 11.5 contact hours (1.15 CEUs) - Intermediate Level Occupational Therapy Process: assessment, intervention. The assignment of AOTA CEUs does not imply endorsement of specific course content, products or clinical procedures by AOTA.

Approved provider of the **FL** Board of Occupational Therapy-CE Broker 13.5- hours. This course meets the approval of the **TX** Board of OT Examiners.

NBCOT professional development provider – 11.5 PDU

11.5 hours of this course qualify toward the 20 hours requirement for NDTA re-certification.



Education Resources, Inc is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for up to 1.15 ASHA CEUs (Intermediate Level, Professional area)

Please contact us with any special needs requests:
info@educationresourcesinc.com or 508-359-6533

Webinar Dates & Times - 2020

Tuesday, June 9	Webinar	6 pm to 9 pm - EST
Thursday, June 11	Webinar	6 pm to 9:30 pm - EST
Tuesday, June 16	Webinar	6 pm to 9 pm - EST
Thursday, June 18	Webinar	6 pm to 9 pm - EST

Registration is for all four sessions



\$369 fee. LIMITED ENROLLMENT

Cancellation will be accepted until 14 days prior to the start date of the course, minus an administration fee of \$75. There will be NO REFUNDS after this 14 day deadline. Registration will be accepted after the deadline on a space available basis.

We encourage you to register online!

Webinar: Posture, Movement & Function: Beyond the Basics/Davis
☐ June 9, 11, 16, 18

Course Registration Form

Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Home Phone: _____ Work Phone: _____

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Needed in the event of an emergency scheduling change

Email: _____

Please clearly print your email address for course confirmation

Employer: _____

Discipline: _____ Specialty: _____

How did you learn of this course _____

Education Resources reserves the right to cancel any course due to insufficient registration or extenuating circumstances. We are not responsible for any expenses incurred by participants if the course must be cancelled.

I have read your refund policy above and understand.

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