

# Assessment and Treatment of Complex Feeding Disorders:

## Assessing and Treating the Whole Child

Mary Tarbell-Bickley, M. Ed, CCC-SLP

### Faculty

Mary (Polly) Tarbell-Bickley engages students with her dynamic presentation style and deep expertise gained over 29 years as a speech-language pathologist specializing in pediatric feeding disorders. She currently works at the University of Virginia's Children's Hospital in Charlottesville, Virginia. She is the director of the nationally-known Encouragement Feeding Program, through which she has directly seen over 600 children with complex feeding disorders. She has published a peer reviewed article in *Infants and Young Children* regarding weaning children from gastrostomy tubes and has co-published a chapter in *Communication Sciences and Disorders: An Introduction*, 2006. She currently lectures at the University of Virginia Curry School of Education regarding pediatric feeding disorders.

Disclosure: Financial: Polly Tarbell-Bickley receives a speaking fee from Education Resources. Non-Financial: She has no

### About this Course

Clinicians will be taught the necessary components of a comprehensive evaluation of feeding problems including those encountered by children with oral motor dysfunction, ankyloglossia, oral motor inexperience, oral hypersensitivity, behavioral rigidity and anxiety as seen in children with cardiac issues, prematurity, ASD, syndromes and SPD. Focus will be on a holistic treatment approach for challenging feeding disorders that are characteristically seen with tube dependency, oral inexperience, severe oral hypersensitivity, rigid eating patterns, and difficulty transitioning to table foods. Participants will leave with a comprehensive therapy toolbox including suggestions for reducing mealtime stress, improving oral competence and thus confidence and ensuring family carryover. Video case analysis will enhance problem-solving in hospital.

### Objectives

- 1 Identify children who are appropriate for oral functional therapy.
- 2 Perform a holistic evaluation for complex feeding problems.
- 3 Identify the barriers to normal eating patterns and reasonable treatment goals.
- 4 Develop a holistic treatment approach, including determining treatment priorities and the appropriate intensity of therapy (including issues of timing as to when to use resources differently).

### Audience

This course is designed for those who care for children (infant through school age) with complex feeding disorders; Dietitians, Occupational Therapists, Occupational Therapy Assistants, Physical Therapists, Physical Therapist Assistants, Speech Language Pathologists, Psychologists, and Special Educators.

## Schedule – Day 1

<b>8:00-8:30</b>	Registration/Continental Breakfast
<b>8:30-10:30</b>	Holistic evaluation from NICU to home: Assessment of the elements that impact feeding - cardiac, respiratory, gastro-intestinal, growth, medications and oral structures including ankyloglossia
<b>10:30-10:45</b>	Break
<b>10:45-12:00</b>	Holistic evaluation: Impact of sensory, motor and developmental issues on feeding
<b>12:00-1:00</b>	Lunch (on your own)
<b>1:00-3:15</b>	Holistic evaluation: Impact of anxiety, environment and parent-child interactions on feeding and eating
<b>3:15-3:30</b>	Break
<b>3:30-4:30</b>	Analyzing and determining the barriers to functional feeding
<b>4:30-5:00</b>	<b>Case Studies - Clinical Problem-Solving:</b> Autism, Chromosomal disorders, Prematurity, Structural deficits.

“This course exceeded my expectations and answered many questions. The approach reached a level that has been difficult to find.”

- J. Hammer, Class Participant

## Schedule – Day 2

<b>7:30-8:00</b>	Continental Breakfast
<b>8:00-10:00</b>	Foundations for feeding the toddler/young child, physiological readiness for optimal outcomes
<b>10:00-10:15</b>	Break
<b>10:15-12:00</b>	The importance of play, sensory integration and behavior management: Techniques that work
<b>12:00-1:00</b>	Lunch (on your own)
<b>1:00-2:45</b>	Treatment techniques that take the whole child into consideration
	<b>Case Studies - Clinical Problem-Solving:</b> Including children with selective eating issues, oral motor impairments, oral hypersensitivity and oral inexperience
<b>2:45-3:00</b>	Break
<b>3:00-4:00</b>	Treatment elements and techniques Outcome measurements

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## Credits

This course meets the criteria for 13.5 contact hours (1.35 CEUs).



Approved provider of continuing education by the American Occupational Therapy Association #3043, for 13.5 contact hours - Intermediate Level Occupational Therapy Process: assessment, intervention. The assignment of AOTA CEUs does not imply endorsement of specific course content, products or clinical procedures by AOTA.



Education Resources, Inc is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. **See course information for number of ASHA CEUs, instructional level and content area.** ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for up to 1.35 ASHA CEUs (Intermediate Level, Professional area)

Approved by the TX Board of OT Examiners.

This program has been submitted for approval of 13.5 clock hours of continuing education credit by the TX Speech Language-Hearing-Association (TSHA). TSHA approval does imply endorsement of course content,

NBCOT professional development provider - 13.5 PDUs

Hours accumulated at this conference can be applied toward **NY** State Continuing Competency.

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## Locations and Dates - 2020

<b>July 31-Aug 1</b>	Cedar Knolls, NJ	P.G. Chambers School
<b>Aug 15-16</b>	Denver, CO	Presbyterian/St. Luke's Medical Center Rehabilitation
<b>Oct 10-11</b>	Kansas City, MO	Truman Medical Center Lakewood
<b>Oct 30-31</b>	Salem, NH	Derry-Salem Elks (hosted by Easter Seals NH)
<b>Dec 4-5</b>	Cedar Park, TX	Achieve Pediatric Therapy and Rehab



\$435 fee. Group rate (3 or more) \$410 must be made together. Deadline for registration is 3 weeks prior to course. Group rate (3 or more) must be mailed/faxed together \$410. Registration will be accepted after deadline on a space available basis. Cancellation accepted up until 2 weeks before course, minus an administration fee of \$75. NO REFUNDS WITHIN 2 WEEKS OF COURSE. Please make check payable and return to: Education Resources, Inc. 266 Main St., Suite 12 • Medfield, MA 02052  
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Limited enrollment. We encourage you to register online!

### Assessment and Treatment of Complex Feeding/Tarbell-Bickley

☐ July/NJ   ☐ Aug/CO   ☐ Oct/MO   ☐ Oct/NH   ☐ Dec/TX

#### Course Registration Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Needed in the event of an emergency scheduling change

Email: \_\_\_\_\_

Please clearly print your email address for course confirmation

Employer: \_\_\_\_\_

Discipline: \_\_\_\_\_ Specialty: \_\_\_\_\_

How did you learn of this course \_\_\_\_\_

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