

Treating Infants and Families in the NICU and Beyond

Roberta Gatlin, PT, DSc, PCS

Faculty

Roberta “Bertie” Gatlin, PT, DSc, PCS is Associate Professor at South College, Knoxville, TN in the School of Physical Therapy. She graduated from University of Memphis in 1986 with a BS in Special Education and from the University of Tennessee Health Science Center in 1989 with a BS in Physical Therapy and completed her Doctorate of Science with an emphasis in Neurological and Pediatric Physical Therapy in 2013. She received her Board Certified Pediatric Clinical Specialty in 2001 and recertification in 2011. Her experience draws from over 30 years in the field of pediatric physical therapy. Bertie’s experience encompasses physical therapy within the NICU, acute care, developmental follow-up clinic and outpatient pediatrics servicing all populations. Her research has focuses on Neonatal Abstinence Syndrome, wound care practices for the premature infant in a NICU setting and interprofessional experiences for entry level physical and occupational therapy students within simulated intensive care settings. Bertie currently holds the Secretary position for the Tennessee Physical Therapy Association Executive Committee, Finance Committee member and Neonatology Special Interest Group’s Vice-Chair position for the Academy of Pediatric Physical Therapy of the American Physical Therapy Association.

Disclosure: Financial: Roberta Gatlin receives a speaking fee from Education Resources, Inc. for this course. Non-Financial: Roberta Gatlin is a committee member for the Neonatal Special Interest Group and Finance Committee of APPT.

About this Course

This engaging course is designed to provide participants with tools and strategies to prepare the NICU patient and family for discharge and transition home. Class participants will learn to evaluate, identify, and optimize services and care for NICU graduates as well as to enhance home based and/or outpatient clinical setting skills. Evidence based medical, developmental and outcome data will be discussed to inform treatment, best practices, and management of the medically fragile NICU child.

Objectives

- 1 Provide evidence-based thoughts and comments for recommendations of follow up care of an infant and family/caregiver after discharge from the NICU
- 2 Provide rationale for selection of a therapeutic intervention plan of care with a post NICU infant and their family/caregiver
- 3 Determine positioning needs within a therapeutic intervention plan with the post NICU infant and their family/caregiver
- 4 Determine the need for developmental follow up, family intervention, and a positioning and handling programming for NICU graduates

Audience

This course is designed for therapists and developmental specialists working with the infant and family in the NICU, PICU, EI and home, up to their first year after discharge.

Schedule – Day 1

8:00-8:30	Registration/Continental Breakfast
8:30-10:00	The NICU Journey
10:00-10:15	Break
10:15-12:00	Neurobehavioral System of The Infant Born Premature
12:00-1:00	Lunch (on your own)
1:00-3:00	Hierarchy of Systems Development How Does the Premature Infant Communicate? Developing Observational Skills to recognize an Infant's Signs of Intervention Readiness, Warning and Stress Behaviors.
3:00-3:15	Break
3:15-4:00	Patient Family Centered Care Model & Facilitating the Transition to Home
4:00-6:00	Outcome/Expectations and Developmental Needs for Common Diagnoses of the NICU Graduate. RDS/HMD, CLD, IVH/PVL, Discordancy, Multiple Births, ROP, Late Preterm, NAS

Schedule – Day 2

7:00-7:30	Continental Breakfast
7:30-10:00	Typical Development: Newborn-15 months Clinical Assessment Standardized Tests and Measures
10:00-10:15	Break
10:15-12:00	Clinical Assessment: Typical/Atypical Developing Infants & Children
12:00-1:00	Lunch (on your own)
1:00-2:00	Managing the Post NICU Infant & The Medically Fragile NICU Graduate
2:00-2:15	Break
2:15-4:00	LAB: Handling and Positioning Strategies

"Bertie is very passionate about the care of neonates, which clearly comes across in her course. She has wonderful knowledge and experience to share. I highly recommend this course especially to therapists working in the NICU." - L. Scott, PT

"I thoroughly enjoyed this presentation as the speaker was not only engaging but very hands on and informative/ relevant to the NICU rehabilitative experience." - M. Purser, SLP

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Credits

This course meets the criteria for 15 contact hours (1.5 CEUs). This course satisfies CE Requirements for **WA** Physical Therapists. Application has been made to the **NJ** Board of Physical Therapy Examiners. The **GA**, **OR** and **PA** Boards of Physical Therapy recognizes other state board approvals. This course satisfies CE Requirements in **AL**. This workshop meets accepted standards for continuing competence as outlined by the **CT** General Statutes. This continuing Competence activity has been approved by the **NC** Physical Therapy Association.

Approved provider by the **NY** State Board of Physical Therapy for 18 contact hours.



Approved provider of continuing education by the American Occupational Therapy Association #3043, for 15 contact hours - Intermediate Level Occupational Therapy Process: assessment, intervention. The assignment of AOTA CEUs does not imply endorsement of specific course content, products or clinical procedures by AOTA. NBCOT professional development provider-15 PDUs.



Education Resources, Inc is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for up to 1.5 ASHA CEUs (Intermediate level, Professional area).

This course meets the criteria for 15 hours that can be applied toward the NTNCB Neonatal Therapy Certification

Locations and Dates - 2020

Sept 11-12	Temple, TX	Baylor Scott & White McLane Children's Hospital
Oct 2-3	Pennington, NJ	Capital Health-Hopewell Campus
Oct 24-25	Richland, WA	Kadlec HealthPlex
Nov 21-22	Decatur, GA	Emory Decatur Hospital



\$435 fee. Group rate (3 or more) must be made together \$410. Deadline for registration is 3 weeks prior to course. Registration will be accepted after deadline on a space available basis. Cancellation accepted up until 2 weeks before course, minus an administration fee of \$75. NO REFUNDS WITHIN 2 WEEKS OF COURSE.

Please make check payable and return to: Education Resources, Inc. .266 Main St., Suite 12 • Medfield, MA 02052
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Limited enrollment. We encourage you to register online!

Treatment of Treating Infants and Families in the NICU/Gatlin

☐Sept/TX ☐Oct/NJ ☐Oct/WA ☐Nov/GA

Course Registration Form

Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Home Phone: _____ Work Phone: _____

Cell Phone: _____

Needed in the event of an emergency scheduling change

Email: _____

Please clearly print your email address for course confirmation

Employer: _____

Discipline: _____ Specialty: _____

How did you learn of this course _____

Education Resources reserves the right to cancel any course due to insufficient registration or extenuating circumstances. Please do not make non-refundable travel arrangements until you have called us and received confirmation that the course will be held. We are not responsible for any expenses incurred by participants if the course must be cancelled.

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