

Focusing on Function and Participation: Incorporating Motor Learning, NDT and SI Perspectives in Treatment

Kim Westhoff OTR/L, C/NDT



Faculty

Kim Westhoff is a passionate presenter who offers practical concepts and intervention approach to be readily applied in multiple settings with applicable information for the whole team. She brings a wealth of experience having practiced in a variety of settings including, but not limited to hospital outpatient & specialty clinics, private clinics, schools, community environments, and currently a private home & clinic-based practice. Her expertise includes innovative services to infants through young adults along with their families who experience physical, sensory, learning, emotional and behavioral challenges. She is a recognized educator both nationally and internationally and had presented a variety of educational seminars for occupational & physical therapist, speech anthropologists, families, educators, and physicians. She is a Pediatric OT instructor for NDTA and is an active member within the NDTA Instructor group.

Financial: Kim Westhoff receives an honorarium for teaching and speaking from Education Resources. **Non-Financial:** Kim Westhoff has no relevant non-financial relationships to disclose.

About this Live Webinar

Do you ever wonder where to begin with your clients that have many needs? What is the leading area of concern? Why does it seem my treatments aren't as effective as I anticipated? This workshop will **enhance critical thinking skills** and **hands-on skills** to facilitate therapists in using a problem-solving approach when treating children with complicated developmental challenges. Focus during the workshop will utilize critical thinking skills for evaluation and assessment from a neurodevelopmental, sensory and motor learning aspect. Using this approach will assist therapists in setting realistic and measurable goals that will drive treatment sessions resulting in more effective intervention.

Objectives

- ❶ Identify key aspects of development in the context of typical movement and sensation related to a designated task.
- ❷ Create a functional goal for a designated task applying current concepts learned from an NDT, SI, and motor learning aspect.
- ❸ Apply critical thinking to design a prioritized approach that identifies top areas to be addressed in treatment.
- ❹ Using a systematic approach describe a treatment plan based on functional goal.
- ❺ Design three intervention steps to execute in treatment.

Audience

This course is designed for Occupational Therapists, Occupational Therapy Assistants, Physical Therapists, Physical Therapist Assistants, Speech Therapists working with infants through young adolescence. Course content is not intended for use by participants outside their scope of practice, license or regulations.

Help your patients achieve better outcomes.

Schedule – Day 1

6:40 pm – 10:00 pm EST (US)

6:40–7:00 Webinar Registration/Zoom Course Opens

7:00–10:00 Multi-Theoretical Approach

- Theories
- Systems model
- Assessing to achieve participation

Schedule – Day 2

6:40 pm – 10:00 pm EST (US)

6:40–7:00 Webinar Registration/Zoom Course Opens

7:00–10:00 NDT Concepts

- Practical critical thinking skills
- Center of mass
- Base of support
- Fluidity of movement

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Schedule – Day 3

6:40 pm – 10:00 pm EST (US)

6:40–7:00 Webinar Registration/Zoom Course Opens

7:00–10:00 Sensory Processing & Integration Concepts

- Quick overview of the different sensory systems: Vestibular, Somatosensory, Proprioception, Visual, Auditory
- Applications to children with neuromotor, developmental & sensory processing challenges within different settings; (home, school, clinic)

Schedule – Day 4

6:40 pm – 10:00 pm EST (US)

6:40–7:00 Webinar Registration/Zoom Course Opens

7:00–10:00 Assessment and Treatment Planning and Intervention

- Movement analysis & systems assessment
- Application goal setting
- Typical aspects of goal
- Treatment intervention

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Credits

This course meets the criteria for 12 contact hours (1.2) CEUs, Intermediate Level.



Education Resources Inc. is an AOTA Approved Provider of professional development. Provider #3043. This Distance Learning-Interactive course (webinar) is offered at 12 contact hours 1.2 CEUs Intermediate Level, OT Service Delivery. AOTA does not endorse specific course content, products or clinical procedures.

Approved provider of the **FL** Board of Occupational Therapy-CE Broker 14- hours. This course meets the approval of the **TX** Board of OT Examiners.

Most Physical Therapy State Boards accept webinars as a live offering. Please check with your state board to confirm.

Application has been made to the **FL** Physical Therapy Association for 14 continuing education contact hours.

This course meets the basic criteria of the **MD** Board of Physical Therapy Examiners for 1.2 CEU's

Application has been made to the **MN, NJ** and **OK** Boards of Physical Therapy.

Approved sponsor by the State of **IL** Department of Financial and Professional Regulation for Physical Therapy for 14 contact hours. Application has been made to the **IL** Early Intervention Training Program.

Approved provider by the **NY** State Board of Physical Therapy for 14.4 contact hours (1.4 CEUs).

Education Resources, Inc. is an approved provider for Physical Therapy CEUs in the following states: **CA, KY** and **TX**. The following state boards of physical therapy accept other states' approval: **AK, AR, AZ, DC, DE, GA, HI, ID, IN, KS, MI, MO, MS, NC, OR, PA, RI, SC, UT, VA, VT, WI, WY**. The following state boards of physical therapy either do not require course pre-approval or do not require CEUs for re-licensure: **AL, CO, CT, IA, MA, ME, MT, NE, ND, NH, SD, WA**.

12 hours of this course qualify towards the discipline-specific hours for the 20-hour requirement for NDTA re-certification. They do NOT qualify towards the 8-hour NDTA Instructor requirement for re-certification.

Please contact us with any special needs requests: info@educationresourcesinc.com

Education Resources Inc. 266 Main St, Medfield, MA 02052 • 800-487-6530

Webinar Dates and Times

August 22, 24, 29 and 31, 2022

6:40 pm EST • 5:40 pm CST • 4:40 pm MST • 3:40 pm PST (US)

Registration is for all sessions. Zoom log-in instructions and course materials will be emailed/added to your ERI account 5-7 days prior to first date of Webinar.



\$369 fee. **LIMITED ENROLLMENT** Cancellation will be accepted until 14 days prior to the start date of the course, minus a \$75 Administration Fee. There will be NO REFUNDS after this 14 day deadline. Registration will be accepted after deadline on a space available basis. We encourage you to register online!

**Focusing on Function and Participation:
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☐ **August 22, 24, 29 and 31, 2022**

Course Registration Form

Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Home Phone: _____ Work Phone: _____

Cell Phone: _____

Needed in the event of an emergency scheduling change

Email: _____

Please clearly print your email address for course confirmation

Employer: _____

Discipline: _____ Specialty: _____

How did you learn of this course? _____

Education Resources reserves the right to cancel any course due to insufficient registration or extenuating circumstances. We are not responsible for any expenses incurred by participants if the course must be cancelled.

☐ I have read your refund policy above and understand.

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