

Integrating NDT, SI and Motor Learning Perspectives in Pediatrics



Kim Westhoff OTR/L, C/NDT

Faculty

Kim Westhoff is a passionate presenter who offers practical concepts and intervention approach to be readily applied in multiple settings with applicable information for the whole team. She brings a wealth of experience having practiced in a variety of settings including, but not limited to hospital outpatient & specialty clinics, private clinics, schools, community environments, and currently a private home & clinic-based practice. Her expertise includes innovative services to infants through young adults along with their families who experience physical, sensory, learning, emotional and behavioral challenges. She is a recognized educator both nationally and internationally and had presented a variety of educational seminars for occupational & physical therapist, speech anthropologists, families, educators, and physicians. She is a Pediatric OT instructor for NDTA and is an active member within the NDTA Instructor group.

Financial: Kim Westhoff receives an honorarium for teaching and speaking from Education Resources. **Non-Financial:** Kim Westhoff has no relevant non-financial relationships to disclose.

About this Course

Do you ever wonder where to begin with your clients that have many needs? What is the leading area of concern? Why does it seem my treatments aren't as effective as I anticipated? This workshop will **enhance critical thinking skills** and **hands-on skills** to facilitate therapists in using a problem-solving approach when treating children with complicated developmental challenges. Focus during the workshop will utilize critical thinking skills for evaluation and assessment from a neurodevelopmental, sensory and motor learning aspect. Using this approach will assist therapists in setting realistic and measurable goals that will drive treatment sessions resulting in more effective intervention.

Objectives

- 1 Identify key aspects of development in the context of typical movement and sensation related to a designated task.
- 2 Create a functional goal for a designated task applying current concepts learned from an NDT, SI, and motor learning aspect.
- 3 Apply critical thinking to design a prioritized approach that identifies top areas to be addressed in treatment.
- 4 Using a systematic approach describe a treatment plan based on functional goal.
- 5 Design three intervention steps to execute in treatment.

Audience

This course is designed for Occupational Therapists, Occupational Therapy Assistants, Physical Therapists, Physical Therapist Assistants, Speech Therapists working with infants through young adolescence. Course content is not intended for use by participants outside their scope of practice, license or regulations.

Help your patients achieve better outcomes.

Schedule – Day 1

7:30-8:00	Registration/Continental Breakfast
8:00-12:00	Multi-Theoretical Approach <ul style="list-style-type: none"> • Theories • Systems model • Assessing to achieve participation
12:00-1:00	Lunch (on your own)
1:00-2:00	NDT Concepts <ul style="list-style-type: none"> • Practical critical thinking skills • Application goal setting • Typical aspects of goal
2:00-5:00	LAB: Handling applications to children with neuromotor, developmental and sensory processing challenges within different settings (home, school, clinic). <ul style="list-style-type: none"> • Center of mass • Base of support • Fluidity of movement

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Schedule – Day 2

7:30-8:00	Continental Breakfast
8:00-10:00	LAB + Lecture: Sensory - Neurodevelopmental Treatment Concepts <ul style="list-style-type: none"> • Assessment and Treatment Planning and Intervention <ul style="list-style-type: none"> ◦ Movement analysis & systems assessment ◦ Treatment intervention ◦ Facilitation
10:00-12:00	LAB + Lecture: Assessment & Treatment: Sensory Processing & Integration Concepts <ul style="list-style-type: none"> • Assessment and Treatment Planning and Intervention <ul style="list-style-type: none"> ◦ Vestibular ◦ Somatosensory ◦ Proprioception ◦ Visual ◦ Auditory • Applications to children with neuromotor, developmental & sensory processing challenges within different settings (home, school, clinic)
12:00-1:00	Lunch (on your own)
1:00-3:00	LAB + Case Analysis (including Videos): problem-solving - application, incorporating motor learning perspectives

Day1: Will include two 15-minute breaks

Day 2: Will include one 15-minute break

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Credits

This course meets the criteria for 13 contact hours (1.3 CEUs). Application has been made to the **MI** Physical Therapy Association, the **MD** Board of Physical Therapy Examiners and the **NV** Board of Physical Therapy Examiners. ERI is an approved agency by the Physical Therapy Board of **CA**. The **DC**, **DE**, and **VA** Boards of Physical Therapy recognize other board approvals.

Approved sponsor by the State of **IL** Dept. of Financial and Professional Regulation for Physical Therapy – 15.5 hours.

Application has been made to **Illinois** EI Training Program

Approved by the **NY** State Board of Physical Therapy for 15.6 contact hours



Approved provider of continuing education by the American Occupational Therapy Association #3043, for 13 contact hours (1.35 CEUs)- Intermediate Level Occupational Therapy Process: assessment, intervention. The assignment of AOTA CEUs does not imply endorsement of specific course content, products or clinical procedures by AOTA.

NBCOT professional development provider – 13 PDUs

13 hours of this course qualify towards the discipline-specific hours for the 20-hour requirement for NDTA re-certification. They do NOT qualify towards the 8-hour NDTA Instructor requirement for re-certification.

Please contact us with any special needs requests:
info@educationresourcesinc.com or 508-359-6533

Locations and Dates - 2020

April	Naperville, IL	BDI Playhouse Children's Therapy
June 6-7	Las Vegas, NV	Summerlin Hospital Medical Center
Oct 2-3	Springfield, VA	Exceptional Children's Center



\$435 fee. Group rate (3 or more) must be made together \$410. Deadline for registration is 3 weeks prior to course. Registration will be accepted after deadline on a space available basis. Cancellation accepted up until 2 weeks before course, minus an administration fee of \$75. NO REFUNDS WITHIN 2 WEEKS OF COURSE.

Please make check payable and return to: Education Resources, Inc. 266 Main St., Suite 12 • Medfield, MA 02052
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Limited enrollment. We encourage you to register online!

NDT/Westhoff

☐ May/IL ☐ June/NV ☐ Oct/VA

Course Registration Form

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Address: _____

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Home Phone: _____ Work Phone: _____

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Needed in the event of an emergency scheduling change

Email: _____

Please clearly print your email address for course confirmation

Employer: _____

Discipline: _____ Specialty: _____

How did you learn of this course _____

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