

Management of the Acutely Ill Patient from ICU to Home

Daniel Malone, PhD, PT

Faculty

Daniel Malone PhD, PT, brings to the classroom expert knowledge and hands-on experience in acute care and cardiovascular and pulmonary rehabilitation, gained during his 27 years as a practicing physical therapist. His experience encompasses all service lines, from critical care to long-term care, including outpatient cardiac and pulmonary rehabilitation. Dr. Malone obtained a specialist certification in Cardiovascular & Pulmonary Physical Therapy from the American Board of Physical Therapy Specialists in 1998 with recertification in 2008 and 2018. He is editor and contributor of the textbook, "Acute Care Physical Therapy: A Clinician's Guide" 2nd Edition, He is active in the Cardiovascular and Pulmonary (CVP) Section of APTA, having just completed serving 2 terms as CVP Section President. Dr. Malone holds a master's degree in physical therapy from Temple University and a doctorate in physiology with an emphasis in acute lung and respiratory muscle injury from the School of Medicine at Temple University. Dr. Malone is currently an Assistant Professor in the Physical Therapy Program at the University of Colorado School of Medicine.

Disclosures: Dan Malone receives an honorarium from ERI for this course and royalties from "Acute Care Physical Therapy: A Clinician's Guide". Non-Financial: He has no non-financial relationships to disclose.

About this Course

This course is designed to enhance the clinical decision-making skills of participants for early mobilization and **safe, effective treatment** of acutely ill patients. As more patients survive critical illnesses, intervention must complement the highly technologic, life-saving medical therapies, regardless of practice setting. Discussion of lines, physiologic monitors, lab values, and diagnostic test results will focus on **implications for treatment**. This **Evidence Based** course will highlight a multisystem approach to the acutely ill patient. Participants will integrate examination findings into individualized care plans that can be implemented from ICU and across acute care and post-acute practice settings.

Objectives

- 1 Identify signs and symptoms of patient instability and the need to modify or terminate treatment
- 2 Discuss how patients become deconditioned and how to reverse this for functional recovery
- 3 Interpret and apply multisystem examination techniques for the complex patient including vital sign monitoring and interpretation of diagnostic tests such as imaging modalities, ECG analysis, pulmonary function testing and laboratory blood analysis
- 4 Determine appropriate rehabilitation interventions for persons with multisystem disorders based on examination findings, as well as patient/client goals

Audience

This intermediate level course is designed for Physical Therapists, Occupational Therapists and assistants who care for acutely ill adult patients in the ICU, acute care hospitals, long-term acute care hospitals, skilled nursing facilities, subacute rehabilitation centers, inpatient rehabilitation facilities and home care.

Schedule – Day 1

7:30-8:00	Registration/Continental Breakfast
8:00-10:30	The Physiology of Activity & Exercise
10:30-10:45	Break
10:45-12:00	The Pathophysiology of Immobility, Deconditioning & ICU Acquired Weakness
12:00-1:00	Lunch (on your own)
1:00-3:00	Physiologic Monitoring & Patient Support Equipment for the Acutely Ill Cardiovascular Patient. <ul style="list-style-type: none"> • Implications for Treatment
3:00-3:15	Break
3:15-5:00	Case Studies/Clinical Problem-Solving: Safely Treating the Cardiovascular Patient

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Schedule – Day 2

7:30-8:00	Continental Breakfast
8:00-10:00	Physiologic Monitoring & Patient Support Equipment for the Acutely Ill Pulmonary Patient
10:00-10:15	Break
10:15-12:00	Case Studies/Clinical Problem-Solving: <ul style="list-style-type: none"> • Safely Treating the Pulmonary Patient • Breathing Support and Function
12:00-1:00	Lunch (on your own)
1:00-3:00	Physiologic Monitoring & Patient Support Equipment for the Acutely Ill Patient with Altered Metabolism. <ul style="list-style-type: none"> • Implications for Treatment
3:00-3:15	Break
3:15-5:00	Case Studies/Clinical Problem-Solving: <ul style="list-style-type: none"> • Multisystem Disorders • Putting it all Together • Exercise Prescription and Treatment Modifications

"Dan is a skilled educator and a skilled and knowledgeable clinician. This was one of the most relevant courses I have taken. I look forward to working this information into my practice."

- Stephen L., Class Participant

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Credits

This course meets the criteria for 15 contact hours (1.5 CEUs). ERI is an approved agency by the Physical Therapy Board of **CA**. This course satisfies CE requirements for **WA** Physical Therapists. This course meets the **CO** Physical Therapy requirements for 15 contact hours (1.5 points) – Intermediate Level, CAT 1. The **DE, DC, ID, KS, OR, PA** and **VA** Boards of Physical Therapy recognizes other state approvals. Application has been made to the **NJ** and **MD** Board of Physical Therapy Examiners.

Approved provider by the **NY** State Board of Physical Therapy for 18 contact hours.



Approved provider of continuing education by the American Occupational Therapy Association #3043, for 15 contact hours (1.5 CEUs) - Intermediate Level Occupational Therapy Process: assessment, intervention. The assignment of AOTA CEUs does not imply endorsement of specific course content, products or clinical procedures by AOTA.

NBCOT professional development provider - 15 PDU's

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Management of the Acutely Ill Patient/Malone

May/DC June/NJ July/CO Oct/WA

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