

# Challenges and Solutions for Infant and Children with Complex Feeding and Swallowing Disorders (Intermediate-Advanced)

Joan C. Arvedson PhD, CCC-SLP, BCS-S, ASHA Fellow



## Faculty

Joan Arvedson is internationally renowned for her pioneering research, instruction, and clinical work with infants and children who have feeding/ swallowing disorders. She has been Program Coordinator of Feeding and Swallowing Services at Children's Hospital of Wisconsin.

She is Clinical Professor in the department of Pediatrics, Medical College of Wisconsin - Milwaukee. She was awarded Honors of the American Speech-Language-Hearing Association in 2016, ASHA's highest distinction. Her leadership, clinical acumen, and research united therapeutic and medical/surgical disciplines. She has given more than 100 presentations at ASHA conventions, state conventions and national conferences, as well as international lectures/seminars in 64 countries.

**Disclosure Financial:** Joan Arvedson receives an honorarium from Education Resources Inc. for this course.

**Non-Financial:** She is a voluntary member of the medical advisory board of Feeding Matters Inc.

## About this Course

Challenges with infants and children demonstrating complex feeding and swallowing disorders are addressed in a holistic evidence-based framework that considers interrelating systems. Populations range from newborn infants in the Neonatal Intensive Care Unit (NICU) through children in school based & rehabilitation settings. Problem solving will be addressed through lecture, videos, and case analyses. Functional outcomes are emphasized through targeted strategies based on sensorimotor learning principles and neural plasticity. Problem areas include: airway (e.g., laryngomalacia, laryngeal cleft, vocal fold paralysis, tracheostomy/ventilator); GI tract (e.g., gastroesophageal reflux and eosinophilic esophagitis); nutrition/hydration; advancing feeding in NICU and beyond to include tongue & lip tie; tube feeding & weaning; barriers to oral feeding & ways to overcome; picky/finicky eaters. Discussions will include the urgent need for specific outcomes and possible measures of frequency and intensity of direct and indirect interventions.

## Objectives

Participants will be able to apply course learning immediately to:

- ❶ Apply knowledge of airway problems to make management decisions for infants and children with oropharyngeal dysphagia
- ❷ Identify barriers to successful oral feeding (e.g., nutrition, GI tract, and neurologic conditions)
- ❸ Describe primary factors necessary as foundation to advance oral feeding in infants in NICU with parents actively involved
- ❹ Demonstrate processes for advancing oral feeding in tube feeders.
- ❺ Implement intervention for picky eaters with a range of sensory and behavior-based principles.
- ❻ Determine strategies to measure intervention/ treatment outcomes

Help your patients achieve better outcomes.

## Schedule – Day 1

7:30-8:00	Registration/Continental Breakfast
8:00-10:00	Airway: Critical Factors Basic to Considerations for Oral Feeding.
10:00-10:15	Break
10:15-12:15	Complicating Factors to Oral Feeding (e.g., Nutrition, Allergy, GI Tract ).
12:15-1:15	Lunch (on your own)
1:15-3:15	Facilitating Infant Feeding: NICU and Young Infants.
3:15-3:30	Break
3:30-5:00	Clinical Evaluation: Problem Solving Leading to Best Management Decisions.

## Audience

Professionals involved in feeding and swallowing assessment and intervention in infants and children, to include speech-language pathologists, occupational therapists, occupational therapist assistants, physical therapists, physical therapist assistants, dietitians, psychologists, nurses, physicians, and social workers.

Age and Patient Populations: Infants through school age children with a wide range of etiologies for feeding and swallowing problems.

## Schedule – Day 2

7:30-8:00	Continental Breakfast
8:00-10:00	Instrumental Evaluation: Procedures, Findings and Interpretation to Aid Decision Making
10:00-10:15	Break
10:15-12:15	Special Problems: Decision making to include, but not limited to infants with tongue/upper lip tie, tracheostomy, esophageal and cardiac etiologies
12:15-1:15	Lunch (on your own)
1:15-2:30	Tube Feeders: Management with feeding tubes and advancing oral feeding.
2:30-2:45	Break
2:45-4:00	PickyEaters: Sensory/Autism Spectrum/Behavioral FeedingProblems/Intervention Strategies.

“Dr. Arvedson is extremely interesting and provides excellent case studies that are relevant to her topics. She is highly knowledgeable and provides a lot of functional information...I highly recommend this course!”  
- Jennifer Stein, SLP

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## Credits

This course meets the criteria for 14 contact hours (1.4 CEUs).



Approved provider of continuing education by the American Occupational Therapy Association #3043, for 14 contact hours - Intermediate Level Occupational Therapy Process: assessment, intervention. The assignment of AOTA CEUs does not imply endorsement of specific course content, products or clinical procedures by AOTA.

Approved by the **TX** board of OT Examiners  
NBCOT Professional Development for 14 PDU's



**Education Resources, Inc** is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. **See course information for number of ASHA CEUs, instructional level and content area.** ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for up to 1.4 ASHA CEUs (Intermediate Level, Professional area)  
This program has been submitted for approval of 14 clock hours of continuing education by the Texas Speech Language-Hearing Association (TSHA). TSHA approval does not imply endorsement of course content, specific products or clinical procedures.

*Please contact us with any special needs requests:  
[info@educationresourcesinc.com](mailto:info@educationresourcesinc.com) or 508-359-6533*

## Locations and Dates -2020

April 17-18	Fort Worth, TX	Cook Children's Home Health
June 5-6	Valhalla, NY	Blythedale Children's Hospital
Oct 2-3	Tucson, AZ	Tucson Medical Center



\$450 fee. Group rate (3 or more) must be mailed/faxed together \$425. Deadline for registration is 3 weeks prior to course. Registration will be accepted after deadline on a space available basis. Cancellation accepted up until 2 weeks before course, minus an administration fee of \$75. NO REFUNDS WITHIN 2 WEEKS OF COURSE.

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Limited enrollment. We encourage you to register online!

### **Pediatric Feeding/Arvedson**

☐ April/OH   ☐ June/NY   ☐ Oct/AZ

### **Course Registration Form**

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Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Needed in the event of an emergency scheduling change

Email: \_\_\_\_\_

Please clearly print your email address for course confirmation

Employer: \_\_\_\_\_

Discipline: \_\_\_\_\_ Specialty: \_\_\_\_\_

How did you learn of this course \_\_\_\_\_

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