

Treating the Cardiac Patient: Reaching Full Potential Safely

Donna Frownfelter DPT, CCS, RRT, FCCP

Faculty

Donna Frownfelter, DPT, CCS, RRT, FCCP is an internationally known consultant, teacher, practitioner and author best known for the widely used text, coauthored with Elizabeth Dean PhD, PT, *Principles and Practice of Cardiopulmonary Physical Therapy* 5th edition. Dr. Frownfelter co-authored *Cardiovascular and Pulmonary Patterns, Guide to PT Practice* with Dr. Marilyn Moffat, 2007. Dr. Frownfelter's experience ranges from NICU, to medical/surgical critical care in large medical centers, to skilled nursing and home care. She has worked with the school systems to integrate and educate children with asthma and children who are ventilator assisted in the classroom and participation in the community. She is currently involved with patient groups through the Respiratory Health Association of Metropolitan Chicago to promote Mindful Breathing and Self Care. She has taught CVP Physical Therapy for over 35 years at Northwestern University Physical Therapy and Human Movement Sciences and is currently full-time faculty at Rosalind Franklin University of Medicine and Science, the College of Health Professions, Physical Therapy Department. She is also the Program Director for Rosalind Franklin University's online Transition Doctor of Physical Therapy Program.

Disclosure: Financial: Donna Frownfelter receives a speaking fee from Education Resources as well as royalties from Mosby Publishers. Non-Financial: She has no non financial relationships to disclose.

About this Course

Preventing hospital re-admissions is a priority whether you work in acute care, home care, or skilled/transitional care units. The top four reasons for re-admission are MI, CHF, Pneumonia and COPD with Central Venous Pressure issues. Through complex case analysis of these conditions you will be armed with the skills needed to make decisions quickly and independently to preserve a patient's safety and enable them to reach their full potential to help prevent hospital re-admissions. You will learn strategies to educate treat and motivate patients to achieve optimal health and outcomes. Medical and surgical issues that impact the patient's examination, evaluation and interventions, as well as the patient's prognosis and outcomes will be discussed. Through case analysis and clinical problem-solving participants will be given an opportunity to decide which impairments are significant and how they can alter their interventions to take the dysfunction into consideration. Clinical monitoring and parameters for safe exercise given a cardiac impairment will be explored.

Objectives

- Differentiate normal vs. abnormal cardiovascular function and response to exercise
- Perform an appropriate basic examination of the cardiovascular and pulmonary system
- Summarize the examination/assessment to developing an appropriate therapy intervention to prevent re-admissions
- Identify treatment interventions for complex cardiac patients to achieve full potential safely

Audience

An intermediate level course for Physical Therapists, Physical Therapist Assistants, Occupational Therapist and Occupational Therapy Assistants who treat patients with cardiac impairments.

Schedule – Day 1

8:30-9:00	Registration/Continental Breakfast
9:00-11:00	Clinical Review of Cardiovascular and Pulmonary Anatomy and Physiology
11:00-12:00	Primary and Secondary Cardiovascular Impairments
12:00-1:00	Lunch (On your own)
1:00-3:15	Examination of the Cardiovascular and Pulmonary System
3:15-4:30	Normal and Abnormal Response to Exercise
4:30-5:00	Case Study, Group Questions and Discussion

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We invite you to share your ideas with us, post a clinical challenge you are currently facing, or share a great therapy tip with your colleagues. Please visit us on Facebook, LinkedIn and our blog.



"Donna is fantastically dynamic, knowledgeable, and personable. The information was well organized, presented and very functional."

-Tara M. Cole, MPT

Schedule – Day 2

8:30-9:00	Continental Breakfast
9:00-11:00	Physiological Monitoring during exercise, Interventions and Treatment Planning
11:00-12:00	Cardiopulmonary Pharmacology and its effect on Treatment Interventions
12:00-1:00	Lunch (on your own)
1:00-3:00	Role of Deconditioning in patients with Cardiovascular Impairments, Prescribing exercise. Role of resistance exercise in patients with cardiovascular impairments
3:00-4:30	How healthcare professionals can help their patients quit smoking
4:30-5:00	Group Questions and Discussion Wrap Up

*Each day will include two 15-minute breaks

"With the penalties assigned to the acute care hospitals regarding rapid readmission, the focus has been on COPD, CAF, and AMI. Ms. Frownfelter has proven herself a leader in this field ... I found her material to the point yet very descriptive. I enjoyed her hands-on format and delivery. I look forward to making an immediate impact on my working environment(s) when I return on Monday."

-Stephen Leonard, PT

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Credits

This course meets the criteria for 13 contact hours (1.3 CEUs). **TX** Physical Therapy Association accredited provider. The **AZ** Board of Physical Therapy recognizes other state board approvals.



Approved provider of continuing education by the American Occupational Therapy Association #3043 for 13 Contact Hours (1.3 CEUs) - Intermediate level, Occupational Therapy Process: Assessment, Intervention. The assignment of AOTA CEUs does not imply endorsement of specific course content, products or clinical procedures by AOTA.

Approved by the **TX** Board of OT Examiners.

NBCOT professional development provider - 13 PDUs.

Locations and Dates – 2020

March 14-15 Dallas, TX Medical City Dallas Hospital

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Limited enrollment. We encourage you to register online!

Treating the Cardiac Patient / Frownfelter

☐ **March/TX**

Course Registration Form

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Needed in the event of an emergency scheduling change

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