REGISTRATION

$425 fee. Group rate (3 or more) must be mailed/faxed together $399. Deadline for registration is two weeks prior to course. Registration will be accepted after deadline on a space available basis. Cancellation will be accepted until that deadline, minus an administration fee of $75.

NO REFUNDS AFTER DEADLINE.
Please make check payable and return to:

Education Resources, Inc.
266 Main St., Suite 12 • Medfield, MA 02052
(508) 359-6533 or 800-487-6530 (outside MA)
FAX (508) 359-2959 • www.educationresourcesinc.com

Limited enrollment

Movement Impairments/McDonnell

NAME ________________________________
ADDRESS ________________________________
CITY/STATE/ZIP ________________________________
PHONE (h) __________________ PHONE (w) __________________
CELL __________________

Needed in the event of an emergency scheduling change

EMAIL ________________________________

Please clearly print your email address for course confirmation

EMPLOYER ________________________________

DISCIPLINE __________________ SPECIALTY __________________

HOW DID YOU LEARN OF THIS COURSE __________________

☐ Conference Only - $425
☐ Diagnosis & Treatment of Movement Impairment Syndromes - $81.95
☐ Extremities, Cervical and Thoracic Spines - $74.95

Total Amount Enclosed $____________

Please indicate which location you are attending:
☐ Oct/FL ☐ Dec/CO

☐ I hereby authorize you to charge my: ☐ VISA ☐ MC ☐ DISCOVER
#________________________
Exp.Date ___________Signature __________________
CVV2 code____________________ (last 3 digits on back of card).

Cardholder’s name & billing address with zip code if different from above.

☐ I have read your refund policy above and understand.

Education Resources reserves the right to cancel any course due to insufficient registration or extenuating circumstances. Please do not make non-refundable travel arrangements until you have called us and received confirmation that the course will be held. We are not responsible for any expenses incurred by participants if the course must be cancelled.

TESTIMONIALS

“I have been trying to self-educate myself from Dr. Sahrmann’s book for over 2 years and this course made it click. I feel as if I have a much better understanding and look forward to continuing to learn. Thank you.” - Amy Mazurksi

“Excellent course, wonderful approach to material. Good simplification of complex material. Would definitely recommend this course. Instructor welcomed questions and gave very helpful accurate clinical responses.” - Walter Lumssy

“This course was excellent! One of the few that gives practical information I can use immediately. I would highly recommend it!” - Jennifer Plourde

“This course makes you look at exercises for your patient in a totally different way. It just shows that it is the quality of the movement not the quantity. This is a course for seasoned therapists and new graduates” - Lilbeth Carey

“Great course with a ton of functionally applicable material! I absolutely loved it. I enjoyed this course more than any I have taken! Everything in this course just makes sense when it comes to functional everyday life!” - Amanda DeJesus

Save Money

Each time you take 3 courses with us the 4th one can be $100 off!

Program applies to courses you have taken since September 2002.

Only available to previous full paying registrants.

May not be combined with any other credit.

Not applicable towards one day courses Subject to availability.

Diagnosis and Treatment of Movement Impairment Syndromes
Level 1

Mary Kate McDonnell
PT, DPT, OCS

October 26-27, 2013 - Hollywood, FL
December 7-8, 2013 - Denver, CO

sponsored by

Education Resources, Inc.
www.educationresourcesinc.com
(508) 359-6533 or (800) 487-6530 (outside MA)
COURSE DESCRIPTION
This course will improve patient outcomes by enabling you to diagnose and treat impairments in alignment, muscle length and patterns of movement and their relationship to musculoskeletal pain syndromes.

Practical application of the diagnostic categories for movement system impairment (MSI) syndromes, as developed by Shirley Sahrmann, PT, PhD, and the relationship to musculoskeletal pain and movement dysfunction will be highlighted.

Discussion and demonstrations will focus on developing a precise therapeutic exercise program, correcting faulty posture/ movement, modifying functional activities for orthopedic, neurologic and geriatric clients.

COURSE OBJECTIVES
Upon completion of this course the participant should be able to:

1. Describe why static and dynamic balance about a joint is the critical element for optimal movement and prevention of pain syndromes.
2. Describe the concepts relating muscle length and strength.
3. Describe the concepts of relative flexibility/stiffness and displacement of the axis of rotation.
4. Recognize faulty patterns of movement and muscle recruitment.
5. Recognize faulty postures and the associated muscle imbalances.

SUGGESTED READING
Diagnosis and Treatment of Movement Impairment Syndromes and Movement System Impairment Syndromes of the Extremities, Cervical and Thoracic Spines, both by Shirley A. Sahrmann. Books may be ordered on the registration form and will be delivered to you at the conference.

YOUR INPUT IS VALUED
We invite you to share your ideas with us, post a clinical challenge you are currently facing, or share a great therapy tip with your colleagues.

www.educationresourcesinc.com/blog

DAY ONE
8:00-8:30 Registration/Continental Breakfast
8:30-10:30 Movement System Impairment Syndromes Key concepts
10:30-10:45 Break
10:45-12:00 Movement System Impairment Syndromes Key concepts (continued)
12:00-1:00 Lunch (on your own)
1:00-1:45 Stand up Lab: Demo and Practice of Alignment and Standing Tests of the lower quarter
1:45-3:00 Low back syndromes: Differential Diagnosis
3:00-3:15 Break
3:15-4:30 Demonstration of a Low Back exam, diagnosis and treatment Questions and summary

DAY TWO
8:00-8:30 Continental Breakfast
8:30-10:00 Hip Syndromes
10:00-10:15 Break
10:15-11:15 Demonstration of a Lower Quarter exam, diagnosis and treatment
11:15-12:00 Upper Quarter Syndromes
12:00-1:00 Lunch (on your own)
1:00-2:45 Upper Quarter - continued
2:45-3:00 Break
3:00-4:30 Demonstration of an Upper Quarter exam, diagnosis and treatment Questions and Summary

CREDIT
This course meets the criteria for 13 contact hours (1.3 CEU’s).

FL: Application has been made to the Florida Physical Therapy Association for 15.5 Continuing Education Hours. Approved by the Florida Board of Occupational Therapy.

Approved provider of continuing education by the American Occupational Therapy Association #3043 for 13 contact hours (1.3 CEU’s) - Intermediate level. Occupational Therapy Process: evaluation, intervention. The assignment of AOTA CEU's does not imply endorsement of specific course content, products or clinical procedures by AOTA.

NBCOT Professional development provider-16.25 PDU's.

FACULTY
Mary Kate McDonnell PT, DPT, OCS an associate of Shirley A. Sahrmann Ph.D., PT, FAPTA, is an Assistant Professor and Associate Director of Clinical Fellowships in the Program of Physical Therapy at Washington University in St. Louis, MO. She received her Bachelor of Science in Physical Therapy from St. Louis University, Master of Health Science and Clinical Doctorate of Physical Therapy from Washington University. Her area of clinical research includes examination of musculoskeletal conditions. Her primary teaching responsibilities in the education curriculum is content related to diagnosis and management of musculoskeletal conditions. She maintains a clinical practice specializing in posture and movement as they relate to the treatment of musculoskeletal conditions. Her recent project has been the establishment of a Clinical Fellowship in Diagnosis and Management of Movement Impairment Syndromes.

LOCATION & ACCOMMODATIONS
Please visit our website for a list of suggested hotels

October 26-27, 2013 - Florida
Memorial Regional Hospital
3501 Johnson Street
Hollywood, FL

December 7-8, 2013 - Colorado
Presbyterian St. Luke's Medical Center
1719 E. 19th Avenue
Denver, CO