



Certification: Saebo UE Orthoses

Improving Upper Extremity Motor Recovery Following Neurological Injury

Online Course

This 8-hour CEU approved self-study course includes video lecture and lab activities that will certify you to use Saebo's Functional Dynamic Orthoses on patients that have had a neurological injury. This innovative course offers practical experience and training which will enable you to incorporate the latest evidence based treatment approaches for UE neurological rehabilitation for those individuals who are appropriate. The course will review current research findings related to the treatment of the hemiparetic UE, teach you to identify which patients with a variety of diagnoses will benefit, teach you how to correctly fit and adjust the Orthoses, as well as teach you to establish patient specific treatment plans that can be immediately incorporated into clinical practice.

OBJECTIVES: Upon completion of this online course the participant will be able to:

- Identify common upper extremity impairments following a stroke
- Demonstrate awareness of current research evidence for common treatment strategies for the upper hemiparetic limb
- Describe the principles of Saebo's Functional Dynamic Orthoses (*SaeboFlex* and *SaeboReach*) and the Saebo Arm Training Program
- Describe the principles of the *SaeboStretch* resting hand splint
- Identify the components that make up Saebo's Orthoses
- Perform a clinical evaluation of the hemiparetic upper extremity for the appropriateness of the Orthoses
- Complete the fitting procedure for the Saebo Orthoses
- Develop a patient specific Saebo Arm Training treatment plan
- Describe how to incorporate the Orthoses and Saebo Arm Training principles into your current treatment practice

AGENDA:

- **Pre Study:** Plan to read the course materials, references and review the post test before listening to the audio (allow 30 minutes for these study tasks).
- **Recorded (Self Study – 5 hour Agenda):**
 - Overview of stroke, stroke statistics and common UE neurological impairments.
 - Review of evidence based UE neurological rehabilitation.
 - Introduction to Saebo's Dynamic Functional Orthoses (*SaeboFlex/SaeboReach*) and how they work.
 - Clinical evaluation of the UE to assess appropriateness for Saebo Orthoses.
 - Measuring for Saebo Orthoses.
 - Review *SaeboFlex*, *SaeboReach*, and *SaeboStretch* fitting procedures.
 - Case Studies and Troubleshooting.
 - Arm Training Program treatment and principles
- **Lab Section (Homework – 2 hour Agenda):** Registrants will have the opportunity to personally fit and treat their clients with the *SaeboFlex/SaeboReach/SaeboStretch* as part of the educational experience. Saebo will provide a free loaner device to practice with during the lab section. Registrants will be required to successfully assess, measure, fit and treat an appropriate client as part of the course requirements. Registrants must have access to neurological patients.
- **Post Test:** Research, identify, and submit your post- test answers (allow 30 minutes for these completion tasks).

FORMAT: This is a 8-hour course equivalent to 0.8 CEU's offered as a self study using a pre-recorded video and audio session of the content. Learners will review a PDF of the course materials before viewing the presentation. A post test will allow for confirmation of the learning with a score of 70% or higher. Unlimited attempts may be made to pass the course.

CEU Approval:

Occupational Therapists and Occupational Therapist Assistants

Education Resources, Inc. is an approved provider for Live and Distance Learning-Independent courses by the American Occupational Therapy Association #3043, for 8 contact hours (0.8CEUs) - Intermediate Level Occupational Therapy Process: evaluation, intervention. The assignment of AOTA CEUs does not imply endorsement of specific course content, products or clinical procedures by AOTA.
Approved provider by the FL Board of OT.

NBCOT Professional development provider – 10 PDUs

Physical Therapists and Physical Therapist Assistants

Education Resources Inc. is an approved provider of CEUs for the following states:

CA - Physical Therapy Board of California approval agency.

IL- State of Illinois Dept. of Financial and Professional Regulation for Physical Therapy Regulation

KY - KPTA approved provider

NC -This continuing competence activity has been approved by the North Carolina Physical Therapy Association

NY- New York State Board of Physical Therapy

TX – Texas Physical Therapy Association accredited provider.

**Certification: Saebo UE Orthoses –
REGISTRATION FORM**

Registration Fee: \$160

There are no refunds available for this course

Please make check payable and return payment and form to:

Education Resources, Inc.,

266 Main St., Suite 12, Medfield, MA 02052

PLEASE PRINT CLEARLY

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Full instructions will be sent upon receipt of registration and payment.